

THE THREE GOLDEN RULES FOR USING CHLORINE DIOXIDE SOLUTION (ClO₂) from Jim Humble's MMS Health Recovery Guide p.83 Free: <https://tinyurl.com/mryxtfpm>

1. GETTING BETTER? IF IT WORKS, DON'T FIX IT! As long as you are getting better without any negative reactions, don't change anything, follow your protocol to completion.

2. FEELING WORSE? YOUR BODY KNOWS BEST, LISTEN TO IT! Anytime you begin experiencing negative reactions to your consumption, **REDUCE THE DOSAGE BY HALF**, and then when the negative reaction(s) stop, continue to increase your dosage slowly back to the amount called for by your protocol.

3. NOT GETTING BETTER/NOT GETTING WORSE? IF YOUR CONDITION DOESN'T CHANGE, MAKE A CHANGE! If after 5+ days on a protocol there are no signs of improvement and you have double-checked to make sure your ingredients are genuine and procedures correct, then **INCREASE YOUR DOSAGE**, add another whole or half Activated Standard Dose (ASD) to the protocol you are on; or, go to another protocol; or supplement current protocol with supporting protocol. Always keep changing, **ADD ON** but **DO NOT TAKE AWAY**.



MIX INSTRUCTIONS TO OBTAIN CHLORINE DIOXIDE (ClO₂) & TWO PROTOCOLS

From Andreas Kalcher's The Essentials Protocol Guide p.31-35 Free: <https://tinyurl.com/y4b28d6t>
(Note: 1ml of 3000ppm/.3% of Chlorine Dioxide Solution = One Drop of Humble's MMS1)

Terminology: One Activated Standard Dose (ASD) of Chlorine Dioxide (ClO₂) is 3 drops of A.Sodium Chlorite 22-28% (NaClO₂) + 3 drops of B.Hydrochloric Acid 4% (HCL)—a total of 6 drops. Aka, MMS1--Activated Master Mineral Solution) from Jim Humble's MMS Health Recovery Guide p.14

I. To Obtain One Activated Standard Dose Mix (ASD):

Mix 3 drops of A. Sodium Chlorite (NaClO₂) 24-28% and 3 drops of B. Hydrochloric Acid (HCL) 4% in a 50ml glass container dropping 3 drops A then dropping 3 drops B upon A then wait for around one minute for reaction to happen. *Video* <https://tinyurl.com/2p9emn2y>

II. Have (approximate) 200ml glass container filled with distilled water ready and then pour the A+B mix into the glass of distilled water, pouring a little of the water from the large glass into the small glass to make sure you get all of the A+B mix out of the smaller glass into the larger glass. (See video)

III. Drink as single ASD in 200ml distilled water or add multiple ASDs to a bottle (usually 1 litre) of recommended/preferred liquid, according to the Protocol being used.

NOTE: Use only GLASS containers with sealed glass/plastic lids/caps to store "Activated Standard Dose" (A+B in distilled water or other recommended/preferred liquid).

PROTOCOL A—For Beginners to Avoid Adverse Effects

Day 1: Before bed drink Activated Standard Dose (ASD) of 6 Activated Drops (3A+3B) in 200ml of distilled water.

Day 2: One hour after breakfast same ASD in 200ml of distilled water. Then in evening another ASD in 200ml of distilled water.

Day 3: Follow Day 2, adding third ASD one hour after lunch.

Continue taking three ASDs Morning, Early Afternoon, Evening for as long as required. This protocol is suitable for long-term administration and also as a maintenance and prevention routine.

PROTOCOL B—Most Widely Used Equivalent to Jim Humble’s 1000 Protocol.

A+B drops are always activated on a 1:1 ratio, adding the A+B activated solution after waiting around one minute for reaction to the distilled water. *Video* <https://tinyurl.com/2p9emn2y>

THE GOAL is to be able to take without discomfort:

3 Activated Standard Doses (ASDs--3 A drops + 3 B drops--total 6 drops) every hour for at least 8 hours a day (increasing if necessary) for 3 consecutive weeks.

1. Normally begin with 6 ASDs to 1 Litre bottle of distilled water for the first 3 days.
2. Then increase dosage to 12 ASDs to 1L bottle of distilled water for next 4 days.
3. After that, increase dosage to 18 ASDs to 1L bottle of distilled water each day for the next 7 days.
4. Finally, up to 24 ASDs to 1-1.5L bottle of distilled water each day for the next 7 days.

This 1 Litre bottle of various Activated Standard Doses (ASDs) must be drunk throughout the day, divided into 10ML (or 8 or 12) equal drinks. It may be helpful to draw lines on the bottle or buy a bottle with ML increments on it.

The recommended process is to add the ASDs to the 1-1.5L bottle of distilled water each morning, then drink the bottle throughout the day

Summary of Protocol B:

1. Six ASDs a day in 1 Litre of distilled water for 3 days.
2. Twelve ASDs a day in 1L of distilled water for 4 days.
3. Eighteen ASDs a day in 1L of distilled water for 7 days.
4. Twenty-four ASDs a day in 1L of distilled water for 7 days.

FOR YOUR HEALING INTO RESPONSIBLE FREEDOM

“Chlorine Dioxide Materials from Jack” download from this folder found in Jack’s Sync “Self-Actualizing Responsible Freedom” main folder here: <https://tinyurl.com/2p8zp7fa>
Genesis Church G2CU Library free: <https://tinyurl.com/yckxs4v>

If interested in “Voluntaryism” (It is Immoral to initiate physical force to try to control persons or their justly acquired property, therefore, ALL governments are Immoral and must never be sanctioned or willingly obeyed) view my 4 Voluntaryist websites:

1. Home-Un-Schoolers & Self-Directed Learners <http://www.responsiblyfreeschool.com/>
2. Committed Intimate Relationships <http://www.pairingtoday.com/>
3. Parent Effectiveness Training <http://www.parenteffectivenesstrainingnewzealand.com/>
4. Responsible Freedom & Self-Actualization <http://www.resourceforyoursource.com/>
5. Self-Actualizing Responsible Freedom, Ongoing Free Course <https://tinyurl.com/23e97jtd>

From Jack in New Zealand: “Where there is liberty, there is my country” Daniel Huger

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