

GODS in AMNESIA

**A guide for the person on the street
to why everything is changing so rapidly**

**Tools
for the
New Millennium**



Nick Armstrong

Including the Ancient Wisdom of the Mayan Calendar

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A guide
for the person on the street
to why everything is changing so
rapidly

Nick J. Armstrong

Gods in Amnesia

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The front cover features the famous Mayan/Aztec Tzolkin calendar wheel. This sacred calendar is still used by the descendants of the original Maya. The Tzolkin uses 13 numbers and 20 day glyphs. The 13 numbers represent its movement or spirit. The 20 day glyphs represent its definition or body. The day glyphs and numbers work together and are symbolised as a square (20 day glyphs) within a circle (13 numbers). When the Maya linked the use of the 13 numbers with the 20 day glyphs, it gave humanity a 260 day sacred cycle. It is also based on the 26,000 year cycle of the Pleiades star system and is reduced in size to a 260 day cycle.

The 260 day cosmic calendar together with the Earth's 356 day calendar, the Haab, work in unity to give Humanity a sacred link between the Cosmos and Mother Earth.

The 20 Mayan day glyphs are featured at the start of each chapter.



IMIX
Nurtures
Birth
Being

Introduction

Just what if.....just what if we were all told the truth on “day one”?

Have you ever considered that life is just an experience? You are a soul in a body experiencing life, not a body with a soul. You always have been and always will be. You are eternal, regardless of what organised religion, governments and others may tell you.

Planet Earth is really just a college or school. Some say it is the toughest in the Universe. Only special souls get to experience this school to graduate as masters.

Is any of this fearful? No, but it depends on your point of view. If you consider that everything is just a lesson and don't take it too seriously, life can be relatively smooth and predictable. Not to mention fun and exciting.

Generally, it's a lack of accurate and spiritual information and understanding that keeps us in fear and stops us moving forward, spiritually, materially and emotionally. The “powers that be” and their controlling masters, both on this planet and elsewhere, know all too well that keeping us in fear is their best way to control and manipulate us. I believe that some of the extraterrestrial ones even feed off our fear energy.

As you consider this scenario, you will start to see how to take back your power. Most politicians and people in positions of power, including organised religion, subscribe to this money/power/control structure. Of, course, they are not really any different from you and I. They have chosen to follow that path at this time.

Most of us have become masters of limitation. We allow other people, outside of ourselves, to heal us medically, handle our finances, provide entertainment and save us spiritually. We expect the government, agencies and other organisations to “fix” our day to day problems. Jesus said “You shall reap what you sow”. This simply means, that the way you have treated people and situations in the past will come back to affect you in the future, either positively or negatively. In the end, what really matters is your intention. What you intend with your thoughts and actions is more important, in the long run, than what you might say, off the cuff or in the heat of the moment.

Many of the controls we have collectively let be established such as organised religion, secret military bases with high technology and bank control of money issuance, would all dissolve or not even be established if we made ourselves aware of the truth of our reality. People would simply not tolerate this type of unnecessary abuse of power over the ordinary population.

There is a concerted effort by some powerful elite groups on this planet to keep us in limitation. This group deliberately limits our education, the media, the monetary system and even our spirituality. They are not interested in setting us free by revealing the truth, but by pursuing the truth we can throw off the shackles that they have forced upon us.

However, all these problems can be turned around by truth. The dictionary meaning of the Apocalypse is “the revealing or prophetic disclosure or revelation”. We are in the Apocalypse, now!



IK
Communicates
Spirit
Breath



AKBAK
Dreams
Abundance
Intuition

Chapter 1 – The truth will set you free

If, in our early years on this planet, even before kindergarten, we were each told the truth, or at least an attempt at the truth, concerning reincarnation, self love, compassion and tolerance for others, our connection to “all that is”, existence of life in other dimensions and on other planets, learning through relationships, the control of the banks, organised religion and secret governments, the cover up of scientific and medical life saving discoveries, our limited free will whilst on Planet Earth and many other basic tools and information for life–things would be very different!

Well, as a friend once said, “we would all be little Dali Lamas”. This is so true. Many of the worlds’ problems would simply not exist. It would almost eliminate: dogma, judgement of others, closed minds, fear of the unknown, fear of “losing control”, fear of money, most wars and disputes. We would each feel complete within ourselves and have a strong feeling or picture of why we are here and the lessons we need to learn “this time around”.

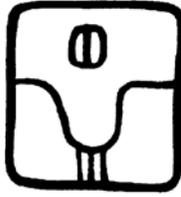
But, if we were given all this knowledge, Planet Earth wouldn’t be the tough learning school it is at present.

To me, the most important “truth” is the realisation that we all come from many different experiences, past lives

and even planets. We all come together in the melting pot of Planet Earth to learn from relationships with others. As Shakespeare so accurately said, “all the world is a but a stage and we are the players”. I believe we all have parts to play in this vast drama called life on Earth. We enter and exit through reincarnation and death until we have played out our part and learned all the lessons to mastership before rejoining our Creator or God. We are, in fact, “Gods in amnesia”.

The ancient Mayan civilisation of South America had a thorough knowledge of these cycles. Their “echo wheel”, a cycle that completes every 1144 years, shows clearly how we can return to complete a mission or set balancing energy for all of mankind. The Mayans knew when Cortez, the Spanish conqueror, would arrive. He was referred to as the long lost white brother. They also prophesied when Adolph Hitler would play his part. He was the 9th and last Time Lord or Lord of Darkness. The disk shaped Sacred Mayan Tzolkin calendar (see front cover) has an arrow head or spike near the top centre that represents 1935, when Hitler marched into Poland. This was the accuracy and understanding of the cycles of time the Mayan civilisation held.

See Appendix C, The Mayan Echo wheel



KAN
Targets
Flowering
Awareness

Chapter 2 – What’s Going On?

Do you feel that you and your friends are changing at an ever increasing rate? Do you feel sure that this is happening but you have no proof or reference that it is really happening?

If these changes are real why isn't the government responding by telling us? Why aren't the doctors explaining the changes within us? The real reason why someone or some organisation outside ourselves is not telling us, is that they are not sure themselves. Traditional governments, organisations and medical people have not researched or attached any importance to these “apparent changes”. They also prefer to maintain the status quo.

So called “alternative” organisations and practitioners such as new age self development workshops and naturopaths do often have a deep understanding of the changes we are all going through. To some degree society is being split between the people who are starting to understand and accept the changes and those that refuse to “go with the flow”. Often those not accepting the changes are not listening to their intuition and feelings. They may be very left brained and logical about what they sense and cannot put a label on it, therefore it doesn't exist! There is a story that the American Indians could not see Columbus's ship because the shape, size and concept of his ship was not

within their reality or consciousness.

Science has actually measured unusual changes now happening on Earth and in our Solar System. Much of this new information is being covered up. The Schumman Resonance was discovered in 1952 but very little information about it is generally available. According to Dr. Schumman, Mother Earth has a fundamental “heart beat” or resonance of 7.83 cycles or beats per second. This has been the case for thousands of years. However, since 1980 it has started to rise and is currently at about 12 cycles per second. This gives us the perception that time is speeding up. This rise equates to 16 hour days. There is less time in each day to do things.

Other changes include new energy streams arriving on Earth. These are affecting our feelings and physical bodies. According to the ancient Mayans our DNA will be re-programmed at this time by these energy changes. We all have had a 2 strand DNA structure, but this is now changing. We will eventually go back to our original 12 strand structure. Some people already have 3 strands and most new born babies have 3 strands and an amazing awareness of themselves and others around them. Dr. Berrenda Fox, a holistic practitioner of the Avalon Wellness Center at Mt. Shasta, California says “I am working with three children right now who have three DNA helixes. Many religions have talked about the change and know it will come about in different ways. We know it is a positive mutation even though physically, mentally, and emotionally it can be misunderstood and frightening. These children can move objects across the room just by concentrating on them, or they can fill glasses of water just by looking at them. They’re telepathic. You would almost think by knowing these children that they are half

angelic or superhuman, but they're not. I think they are what we are growing into during the next few decades."

I believe these babies are referred to as the Children of the Blue Ray by Gordon Michael Scallion in his book, "Notes from the Cosmos". This process is readying us for the "Shift of the Ages" that is about to happen. Other processes and energy changes are also helping prepare us. It is important to drink lots of clean water during these times. Ten glasses a day is not too many!

I have heard that problems have been occurring with some of the communications satellites above the earth. Some say this is due to the new energy streams arriving on Earth from the Sun.

Gregg Braden, in his book "Awakening to Zero Point" describes the Shift of Ages as follows. "Ancient prophecies predicted it. Indigenous traditions honour it. Changes within the Earth are affecting your sleep patterns, relationships, the ability to regulate your immune system and your perception of time. You are living a process of initiation that was demonstrated over 2000 years ago, preparing you to accept tremendous change within your body. The change is happening now. The Shift of the Ages has already begun!"

Other changes to us include the development of telepathy. This will mean that in the near future we will be able to communicate with each other directly, even from a distance, without verbal communication. Most extraterrestrials have always used this method of communication. Jesus said "As I am – so shall ye be even greater". If we are making a business transaction, we will not be able to lie, because the other person will know

what we are thinking! No more dishonest deals! If we are coming from a place of love and truth, this will not be a problem at all. Things will just flow naturally.

However, if we are interested in control, deceit and other fear based concepts, we will walk a rocky road.

Our body energy centres or chakras are also changing. We are going from a 7 chakra system to a 12 chakra system. This means we will be more sensitive to incoming energies and be able to operate and live in the fourth and fifth dimensions, when the timing is right. We have always received spiritual energy from the Universe and the Sun via the energy centre or crown chakra at the top of our head. This energy centre is for receiving the highest frequency energies such as help and information from our spirit guides or angels. We usually perceive this as intuition, feelings, pictures or a knowing.

See Appendix F and back cover: New Chakra Colours.

Most of these changes will be complete by the year 2012. The Mayan calendar, which has never been in error, finishes at 2012. The last cycle started in 3113 BC and ends on December 22nd 2012. Its many prophecies which include the coming of the Christ, Buddha and the rise in technology during these “End Times”, have all been accurate. Because the ancient Mayans were master time lords and mathematicians their calendar is more accurate than even the Hopi Indians.

The reason the Mayan calendar finishes at 2012 it that by then we will have come to the “end of time” as we know it. We will have shifted into the fourth and fifth dimensions, where linear time as we have known it, does not exist. Life

will be very different. We will have finally arrived in the “Golden Age” or “1000 years of peace.”

Because we are living during the End Times, there is much jostling for power between the light and dark forces. This can easily be seen in the new movies coming from Hollywood. “Independence Day” may have been commissioned by the CIA or an agent whereas “Contact” was possibly initiated by the forces of light through an agent. These films are more than sheer entertainment. They are attempting to change our subconscious thinking. If you can perceive the real motive behind these films, you are probably one step further through the maze of life and have a clearer understanding of the truth.

Some of the mayhem and craziness going on in society at present is due to interference from off-world entities. As we move into the fourth dimension some “negative” entities in the spirit world become attracted to some people in this 3rd dimensional world.

They are usually attracted to people with low self esteem, negative attitudes or who are direction-less. The off-world entities sometimes manipulate people to commit murders and similar negative deeds. People on track with good self esteem don’t usually have a problem.

These entities can only exist in the lower third dimensional reality and are desperate because they will no longer be able to manifest here in the “new” fourth dimension. They will be forced to wait for the next planetary cycle to incarnate and evolve.



CHICCHAN
Survives
Life Force
Instinct



CIMI
Equalises
Death
Opportunity

CHAPTER 3 – Reincarnation

Have you ever asked yourself why you are here? Most people go through their whole life without ever asking this fundamental question. When you explore this question other thoughts such as “who am I,” may also come up.

The Inner Peace Movement teaches that each of us is a soul in a body, not a body with a soul. We have come to Planet Earth to learn lessons we need to complete. We have each had many life times here, and, possibly, on other planets and in other dimensions.

To help us achieve this goal we chose the lessons to learn and even our parents. We may have some karma to balance from a previous life.

We have all had many previous lives on Planet Earth. Reincarnation was deleted from the standard Bible by the Spiritual Heirachy because they decided that the average person was incapable of maintaining a good life this time and unable to accept working with past karma. They would probably be “bad” this life and hope to fix it up in their next life. The decision to delete the information was made for humane reasons.

Without reincarnation, we can be fearful of and obedient to the church. They hold the power and decide if we “go

to heaven or we go to hell!” This is simply not true. At this point in history, most of us are experienced, advanced souls, and we can make intelligent, feeling decisions for ourselves. We don’t need to allow organisations or people outside of ourselves to take away our power and make decisions for us.

Jesus Christ didn’t die on the cross to “save our souls”. This is a distortion perpetuated by organised religion. Jesus actually said “You shall reap what you sow”, meaning what we think and do today will come back to us later or even in another life. So if our intentions and thoughts are positive and loving towards ourselves and others we will reap the benefits later. If we are negative, hateful and judgmental of others this will come back and hit us at a later date.

Many sources say that we actually judge ourselves “on the other side”. That is, after we leave this life in the third dimension or density, travel up the tunnel of light to the fifth dimension, we usually meet who or what ever we expect to meet. This could be our master guide, Jesus, Mary, God, Buddah, our grandmother, wife, spiritual leader and so on. It is usually our spirit guides. However, eventually we judge ourselves as to the success of the last life time and decide what type of lessons we need to learn next, if we decide another life is necessary. We are often helped by our spirit guides in making these decisions, but I believe we or our “higher self” is the primary decision maker.

There is really nothing to fear in relation to reincarnation. Just think of it as a natural cycle, just as night turns into day or rain recycles through evaporation back into the clouds. It’s an opportunity to correct errors made and

balance our karma.

As a school or college of learning, Planet Earth is probably the toughest in the Universe. When we pass from here for the last time, we know we have experienced just about everything one can in a third dimensional place of learning. Apparently some beings or extraterrestrials from higher dimensions will not come down to this level because they find it too “heavy” or dense. They describe 3D as equivalent to living and working “under water”. It’s “heavy” to move and operate here. It’s amazing how much we have achieved in this dense atmosphere.

An important part of our make up that is rarely mentioned, is our spiritual status in the Universe. We are really considered “royalty” by many others not from Earth. The problem is that we have forgotten who we are and this can affect our self esteem. We are multi-dimensional. We can express a huge range of emotions and this gives us our powerful creative abilities. We have the ability to create without technology! Most of the 3rd and 4th dimensional extraterrestrials cannot do this. We can time travel in our own Merkabah or light body, we can astral travel, we can heal naturally with light such as the reiki technique.

We are, in fact, “Gods in amnesia”, because we have forgotten who we really are. The time is coming when we will recall and regain our true spiritual power.

We are much more advanced, for example, than the so called “Greys” from Zeta Reticuli, or even possibly, their masters, the Reptilians. Some of these races have far superior technology than us, much of which appears magical to us, but they are stuck in the concept of relying on technology for their very existence. Most of

the Greys, for example, can only reproduce using cloning technology.

Duality or the concepts of light/dark, love/hate, good/bad or positive/negative are probably the most powerful overall lessons to learn on Planet Earth. Without duality we do not necessarily learn the tough lessons of the third dimension. Ideally we can learn how to respond to a hateful or negative thought, comment or action in a compassionate, loving way. We can learn how to “de-fuse” a potentially disastrous situation and we may even save lives.

There are many levels of duality on and off this Planet. There are some people and entities that base their whole life on negativity, power and ego. All wars are based on money, control, power and ego. Ultimately this way of thinking is based on fear. Fear of losing something material, fear of losing power over some person or people, fear of money, fear of losing control over a situation. By learning to drop the fear and moving to a place of love and understanding and accepting that everyone is different and on their own path of learning, life becomes more flowing and less stressful.

I understand there was a time on Earth when duality did not exist and all life was based on love and light only. There was no negativity. This was apparently before the sinking of Atlantis in the Atlantic Ocean, some 12,000 years ago. According to many sources including the Mayan Calendar, we are now going into a new age when there will, once again, be no duality. This is what Jesus referred to as a “1000 years of peace” or the “Golden Age.”



MANIK
Knows
Accomplishment
Healing

Chapter 4 – How’s Your Self Esteem?

Possibly, the lack of love and respect for one’s self is the single biggest problem on the Planet today. If we all accepted ourselves as we are and understood that we are all on different paths and at different levels of development, we would have a much better society.

If we loved ourselves and others, unconditionally, we would expect and demand honesty and performance from our governments and agencies. We would not involve ourselves in wars, because we would accept differences between religions, races and ideas. We would be very aware how inter-connected we all are and how our thoughts, words and actions affected ourselves, others and Mother Earth. We would modify our behaviour so that we would not adversely affect ourselves and our friends.

Just what is self love? Loving one’s self is all the above and more. It is the acceptance without judgement of our true self. This includes an understanding that we each have our own unique mission for this lifetime which should not be compared to others. If we listen and follow our intuition and guidance, not our intellect, we will flow with the path of our mission naturally.

How do you feel when you enter a room full of people?
Are you concerned about what people will think of you?

Will you fit in? Or do you enter confidently, knowing that “I’m OK, I’m no better or worse than anyone else here”. If you leave your ego behind, you will naturally attract people who have a common interest with you. There will be less stress and competition.

When we are born, we possess many abilities to help us through this lifetime. Some are obvious physical attributes inherited from our family blood line. Some are less obvious. I believe that we are all given four “gifts” or abilities to perceive information and things around us. The balance of these gifts is one way that determines how we perceive the world. We all have one leading gift that is our main method of perception. The names of the gifts are: Feeling, Visionary, Prophecy and Intuition.

People who’s first gift is FEELING are usually very sensitive to their environment and other people. They are also patient, devoted to a cause, organisation or person. They often like to work with their hands and enjoy intricate work. They are also a follower, but not a leader. This type of person needs a layout or instructions for everything they do together with an understanding where their responsibility begins and ends. He or she also translates thoughts into feelings and cannot take excess criticism or pressure. It is in their interest for this type to work on their intuitive abilities.

The VISIONARY type of individual has a photographic mind. If they think of a person, place, or event they usually receive a picture or image in their head. It’s very important for this type to “see”. They are good organisers and base their understanding on seeing a clear picture, illustration or demonstration. They see details, others miss and like a good looking working environment. A

visionary usually prefers to make contact with others in person, especially initially. They would rather not use the phone, for example, at first.

A person whose main gift is PROPHECY often becomes an executive, if their overall life is well balanced. This type of person has a strong concern for the future and likes to plan ahead and carry projects through to completion. If this person is not balanced, they may spread themselves too thinly and become moody and try to control others. This type has a passion for order and likes to keep track of all that concerns them. If they are not creative they can become irritable.

An INTUITIVE is a born leader. They have a keen sense of discrimination and need to know the facts before moving into action. To this type, quality is important as well as the big picture. They are not very interested in the fine details. Usually, they do not work well under pressure and become impatient with less organised minds. Intuitives have active, creative minds and become bored with routine work. When balanced, their powerful mind can overcome any negativity from others and become constructive and creative. Sometimes this type of person may have a problem communicating with a feeler type.

My gift order is Feeling, followed by Intuition, Prophecy and Vision. This means that I am a strong “feeler” and if I follow my feelings first, things will work out fine. I almost never receive pictures in my head. People who are strong Visionaries, almost don't believe that I never receive pictures! Because my last gift is Vision, I have a feel for the way things look and I am interested in neatness and order and do a little computer desk top publishing (I designed the whole of this book). However, a person with Vision as

a first gift has a much stronger perception of how things look. They will pick up details in a scene or a picture much faster and more accurately than me. But sometimes strong Visionaries, miss the feeling of a situation.

What is your ego? In the 1970's an Australian rock group, "Sky Hooks" had a hit record called "Ego is not a dirty word". I agree with the feeling of the title, but let's expand on that title. Our ego is a very powerful force. I feel it is often the drive behind our enthusiasm. It appears to give energy to most musicians, singers and artists I have worked with in the recording studio. In a positive way. However the problem can be one of keeping it in check. Not letting our ego take over from our true selves.

The "Course in Miracles" says that the ego's plan for help is based on holding grievances. If some outside event or situation changed, you would be saved. This is always making us look outside ourselves. We simply need to change our mind and take responsibility for ourselves.

The Course says that a VICTIM is a person who is ashamed of themselves. This person is very needy, asks for advice and does not use it. They often feel badly done by and express this to others in hope that they will help them. A person who often helps a victim is a RESCUER. They feel guilty and want everything to be smooth and in harmony around them. They need to be seen as strong and kind and can be taken for granted. Being so inclined, this type of person hinders the victim from helping themselves.

Someone who is motivated by anger is a PERSECUTOR. This type of person sees everything in black and white. This isolated type says he doesn't need help and acts aggressively to others around him in an attempt to

protect his vulnerable nature. He tries to get his wants by attacking others.

Attachment to an outcome. Do you sometimes find yourself expecting a certain result following your actions or expressed ideas? This can often lead to disappointment. Not having an attachment to a perceived outcome can be far less stressful. It's possible to help with achieving a positive outcome without desperately attaching to a result. Simply let it happen and be open to the results even if you don't get your way. Learn from the situation. Also remember, when you judge and condemn others, you are really judging and condemning yourself. It's like a mirror.

Respecting that each person has a different balance with their gifts and that this is the reason that we all process the same information slightly differently, we can all work and play in harmony. If you have an idea of a friend's first gift, you can tailor your approach to them so that they will clearly understand what you are talking about. This approach can also help you communicate ideas at a business meeting, if you have an idea of the other person's first gift.

We are gods and do not realise it! We are, in fact, co-creators of this planet and our reality. We do not really accept how powerful we are, both collectively and individually. Apparently, when we incarnate on Planet Earth, our contract includes a section where we agree to uphold this reality. That is, we agree to be part of the third dimension and to play our part, thereby not destroying the collective illusion of 3D. Remember, Earth is not our true home, the 5th dimension or "heaven" is our real home. Earth is an illusion for learning.

It has been said that our ability to switch emotions very quickly has the amazing potential to make stars and galaxies! In one of his lectures, Alex Collier claims to have been taken aboard a space ship controlled by the Andromedians. There he saw a leader watching a TV news story (from Earth) in which a policeman shot a man, then ran up to him and tried to save his life. The Andromedian had much trouble understanding this behaviour. They would not act in this way. This is an example of our amazing ability to switch emotions very quickly.

Everyone's reality is different! I feel that if I was told on day one of school that we are all very individual and we each have a unique mission in this lifetime, life in general would run much more smoothly. We would tend not to be judgmental of others and would follow the saying "live and let live". We would respect each others' space and ideals. Drunvelo Melchizadek says there is, in fact, only one reality but many, many views of this one reality. We each have to follow our own path or mission and respect the fact that fellow humans (and even extraterrestrials) may have other paths and realities. I figure that there are approximately six billion agendas going down on Planet Earth at the present! There are about five billion inhabitants each with a unique mission or agenda and the balance is made up of New World Order, alien and off world agendas. So there are certainly many possibilities at this time!

It is time we each took back our power. What I mean by this, is simply to recognise who we are, our importance and to assert our right to be respected, governed appropriately and each live our lives for our mission. Fear is really an illusion. Usually we fear what we don't understand or cannot see. Often, if a potentially fearful

situation is explained to us, it immediately reduces or eliminates the fear. Breaking the connection with our old fear patterns goes a long way to reducing stress and judgmental habits in everyday life. Be aware and watch what actually causes you to become fearful. What situations make you fearful. Sometimes it can be something as simple as fearing mixing with a group of people in, say, a workshop or meeting. I suffered from this for many years until I worked on my self esteem. I eventually realised that I was as good as anyone else in the group and often had much to contribute.

We attract what we think! Whatever we put out for, the Universe provides. This can be in the form of a lesson we need to learn or a material object that we think will bring us happiness. It could also be a new relationship with another person, with its many lessons. If we can remember that we are powerful creative entities, we naturally attract what is appropriate at any give time. This is always helped if we are relaxed and open to new ideas and energies. If we use our intellect to control and use people, we will eventually attract the appropriate lessons also.

Another aspect to being who we really are is to learn to not be a slave to our emotions. How many people do you know who are ruled or controlled by their own sweeping emotions? Our emotions and feelings are important and not to be treated in a trivial manner. However they need to be in balance. A balance with emotions and logic (right and left brains) is necessary in almost any situation, particularly a stressful one. There is nothing wrong with applying logic to a difficult problem as long as it is balanced with our own gut feelings or intuition about that situation. If in doubt, go with your gut feelings first, not

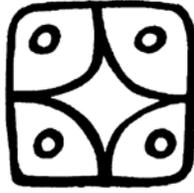
your logic. The gut feeling will always be right.

Gregg Braden says “relationships are the temples that are allowing us to know ourselves in all ways. To know of the warrior within, our anger and rage, our joy and ecstasy”. When you notice a quality you dislike in someone, they are actually mirroring something about yourself you don’t like. They are mirroring that which you judge. We all have some relationship with everyone we know, including ourselves. We even have a relationship with people we don’t know personally, such as political leaders. The most important is the relationship with ourselves.

Relationships are the toughest lesson to learn on Earth. Because most of us have vastly different experiences from past lives, the melting pot of the Earth plane provides learning opportunities not available in other parts of the Universe. We come together here to learn all the hard knocks of living closely with people who have learned different lessons at different times.

Remember, everything is from our individual perspective. The way we see our relationships and even the Universe. A group of people in the early 1990s who claimed to be extraterrestrial “walk-ins” had a saying or motto, “the Universe re-arranges itself to accommodate your picture of reality”. This little saying is, I feel, very true. Things, people and ideas will appear to change when we change our thinking or reality.

Another way of saying this is that our emotions and feelings directly affect the world around us.



LAMAT
Beautifies
Elegance
Art

Chapter 5 – The Quickening and Zero Point

Have you ever thought about time and the calendar most of us use? Both concepts are fairly artificial and man-made when you study them. The Gregorian calendar is the one most of us use. The last person to manipulate this calendar significantly was Pope Gregory the 13th. He made various changes to suit his wars and other activities. There are still a few societies that use a calendar based on the natural cycles of the moon. It is similar to the female menstrual cycle.

One such society is the modern Mayan Indian community. These people are the descendants of the famous Mayan civilisation that lived in Mexico, particularly in the east including the Yucatan. The Mayans were master mathematicians and “time lords”. They understood and charted the small and large cycles of the planets and the Universe. Their timing system and calendar is the most accurate ever discovered. Their predictions, which are an extension of their famous sacred calendar or Tzolkin, have never been in error.

The Dreamspell Mayan calendar, developed by José and Lloydine Argüelles is a modern version of the ancient Tzolkin calendar. The wall calendar version has 13

moons or months per year and there are exactly 28 kin or days in each month. It is easy to see that this pattern can be followed more readily once the basics are understood. Mayan Dreamspell wall calendars are available commercially. Using this type of calendar can help bring yourself into alignment with the natural cycles of the Universe. Using the calendar daily will help increase “synchronicity”. This occurs when events fall into place naturally. People phone just when you need them, the weather suits your wash day and so on.

This calendar finishes at 2012. The Mayan say that by 2012 we will have moved beyond time and money and will no longer need a calendar. In fact Planet Earth and us will have moved from the 3rd dimension, through the 4th and finally into the 5th dimension by the year 2012.

2012 is an important date in a number of ways. It will see the completion of a number of natural Universal cycles. The most well known of these cycles is the Procession of the Equinoxes. This is the traverse of our solar system around the central sun or star, Alcyone, in the Pleiades star system. The Pleiades are also known as the Seven Sisters. The completion of this 25,800 year cycle will occur on December 23rd, 2012.

My understanding is that on December 23rd 2012 the ecliptic or plain of our Solar System will line up with the Hunab Ku or centre of the galaxy, the Milky Way.

See page 72 for the Hunab Ku.

The Mayan calendar is totally based on natural cycles. The calendar also recognises that time is really a circle not a linear time line. One of the ways the calendar predicts

coming events is the “echo circle”. This is a circle with its circumference equal to 1144 years. This represents one World to the Mayans. This circle is divided into 22 segments, each 52 years long. The 22 segments consist of 13 “heavens” and 9 “hells” which correspond to 13 Lords of Light and 9 Lords of Darkness or Time Lords. The last World finished in 1987. This was the end of the Fifth World. The Sixth World starts at 2012.

See Appendix C: The Mayan Echo Wheel.

Greg Bradden has done considerable work in showing that time is speeding up and the Earth’s magnetic field is collapsing. His work indicates that the Schumman Resonance is rising. As mentioned in chapter 2, this resonance or frequency was discovered by Dr. Schumman early in this century as the “heartbeat” of Planet Earth. It has been 7.8 cycles per second for thousands of years, but since 1980 it has been slowly rising. It’s about 12 cps currently. Apparently it stops at 13 cps.

Simultaneously, the Earth’s magnetic field has been collapsing. The magnetic field is not to be confused with the gravity field. Bradden says that when the rise in the Schumman Resonance “meets” the falling magnetic field the Planet could “flip” into the fourth dimension. The Earth will stop rotating for few days, then commence rotating in the opposite direction. The sun will rise in the west, approximately. We shall see.

As this book is going to press I have been told that the magnetic field has weakened to the point where scientists cannot understand why a “flip” has not already occurred.

The sun rising in the west has been found on some ancient stone records. Why is this? Well, every 12,900 years, approximately, our Earth “flips” on its axis. This period is exactly half of the 25,800 year Solar System Procession of the Equinoxes around the central sun, Alcyone.

It has also been said that this flip effects whole systems including the movement of atoms. Electricity will flow in the opposite direction compared to before the flip. This will probably cause a great deal of our technology to malfunction. New technology will be developed to replace the old.

Another significant factor about to affect the Earth at this time is the arrival of the Photon Belt. This is a 2000 year wide band of light. By 2000 year wide, I mean it will take the Solar System 2000 year to pass through this band. The Photon Belt is shaped like a giant doughnut, many light years across. It cuts through the Pleiades star system and our Solar System passes through it every 12,900 years.

In summary, the collective effects of the Photon Belt arrival, the collapse of the Earth’s magnetic field, the rise in the Schumman Resonance, and the subsequent shift to the Fourth Dimension will have a momentous change on the Earth and its population. Many people will be confused, fearful, joyful and emotional in probably as many ways as there are people. The power mongers will no longer hold power and the helpers and healers will have new “light age” tools to heal those that are still fearful.

As a result of this huge change to the way we think and relate to each other and Mother Earth, “free energy” and new technology will flourish. Already, before the shift, many inventors have started to develop free energy

devices. These range from cars that run on water to amazing miniature coils that are capable of clearing air pollution from cities. Drunvalo Melchizadek has had great success using these battery powered devices at Mexico City and Cairo.

A number of inventors developing devices that offer an alternative to the oil industry have been killed in unusual circumstances. Stan Meyer in the United States, had finished developing a practical “retro-fitable” device that could convert any car from petrol to water operation. His invention was fully patented and at the time of his reported death by poisoning, he was about to commence manufacturing in mass quantities.

Many other free energy devices are on the way. Some will be based on concepts developed by the famous scientist Nikola Tesla. In Chicago in the 1930's, he ran a car from energy “in the air”. This car had a two meter antenna on the roof, connected to a box of valves or tubes under the dashboard which then powered a large electric motor in place of the conventional petrol motor. This car had a top speed of 90 miles per hour! The energy that Tesla tapped into is all around us. It flows through the whole Universe. Most extraterrestrial UFOs use this universal energy.

Nuclear engineer, Tom Bearden M.S. says that Quantum Mechanics shows that in the modern view there is a fierce energy flux in the “vacuum” of space. This is going in all directions at all times. This drives everything that we call physical reality from the quantum level right up to the observed level and the observed world we live in. Everything is energetically driven by the “vacuum”. This is the free energy that I believe Nikola Tesla tapped into. It is sometimes called Zero Point Energy.



MULUC
Purifies
Universal Water
Flow

Chapter 6 – What is the New World Order

As this is being written, the New World Order is probably collapsing from within. However, like a heavy fly wheel, some of NWO ideas and policies are still being carried out by various world governments and organisations. These policies are starting to see opposition from the general public as the rising consciousness in people gains strength.

The New World Order is known under various names such as “The Illuminati”, “The Bilderbergers”, the secret or illegal government and is associated with the military/ industrial elite. These organisations are the main reason we have fear based news on TV and in the newspapers. Almost all media is directly or indirectly controlled by these groups. They also have a major controlling influence in Hollywood and the types of films it produces. But this is changing. Hence some of the new films dealing with angels, love and relationships.

They are also the source of extreme financial control on Earth. They practice “economic rationalism”. Commentator, George Negus said “It’s like this is the pain we have to go through to come out at the other end of some economically-rational nirvana. To think people should be

hurt just to prove an economic theory may or may not work. All these things [privatisation, deregulation] have not worked because the problems we've got now came after those things we're introduced. Nobody's saying it's because of it."

The banks or the people behind the banks control the world's money systems, not the governments. In practice the banks will not allow the governments to issue their own cash notes. Most money systems are controlled by privately run organisations such as the United States Federal Reserve, the Bank of England or the Australian Reserve Bank. The U.S. Federal Reserve is a private organisation which is neither federal nor has any reserve. It is listed in the White Pages near the Federal Express freight company, not in the government pages. Its profits exceed \$150 billion a year and the Federal Reserve has not once published audited accounts in its whole history.

Many people in government have been killed when attempting to bring control and issuance of money back to the government. Examples are Presidents Abraham Lincoln and John F. Kennedy. Lincoln is famous for introducing the "Greenback" or government issued money. If control of the money was in government hands we would not have overseas debt or government borrowing's, unemployment or massive bankruptcies. In fact all recessions, depressions, booms and inflation are engineered by the people who control the banks. The so called "business money cycle" is not a natural event, it is caused by bank manipulation.

If you are not sure about banks, ask someone who works in one, where the money comes from when you take out a loan. If it comes from my savings, why doesn't my bank

balance ever go down when part or all of my savings are loaned to you. The simple answer is that the banks create the money simply by adding the numbers to your account in the computer! I'm sure the bank will give you a much more complex answer, but the bottom line is that they create the money. They can legally loan up to 10 times the total of their customers savings. This is called Fractional Reserve Banking.

The bankers have said that if the people in large numbers wake up to how the banks operate, they have had it. However, they boast that most people are too dumb to do so. Prove them wrong!

Legend Australian, R.M. Williams said on his 90th birthday. "...rewrite the Banking Act to give the Federal Treasurer power to control the nation's money; reform the monetary system; limit the International Monetary Fund's powers; resurrect the rural credits department; make foreign companies pay tax in Australia; allow gold producers to sell overseas and give people back control over their own money". (Weekend Australian May 23rd 1998)

In Australia and many countries throughout the world, there is currently a political push to privatise government schools, prisons and many government agencies. What is the real reason behind the story in the controlled media? I suggest that maybe, once these organisations are in the control of private operators, they can be more easily controlled by the NWO through the "old boy" network and the Freemasons. This is simply more control to help bring in their agenda. Apparently at least one electronics company in the US closed its factory and made the workers redundant – then re-commenced manufacturing in a nearby privately operated prison. Talk about captive

work force! Watch for the expansion of this concept.

In reality, the New World Order, is really just part of the dark side of the balance of light and dark which is essential for our general growth whilst on Earth. The key to not becoming involved or controlled by any of these “negative” forces is to remain centred, true to your self and to follow and trust you own intuition. Do not buy into their control. If we all stand up to the New World Order and not accept their ideas, they will not be able to control us completely. There is already an organisation called “Police Against the New World Order”, PATNWO. They believe they can help resist any real forced changes by working at a street level.

Don't be fooled by the apparent mass shootings and similar staged events in our communities. As tragic as these events can be, a number of them like Port Arthur, Tasmania, could have been staged by the New World Order. Joe Vials, in Exposure Magazine, has put a convincing case that Martin Bryant, now apparently in goal, was not capable of the committing the massacre. Joe infers that the New World Order used crack professional shooters, dressed like Martin Bryant, to commit the murders. The ultimate aim was to reduce the number of guns in Australian Society so that no serious armed opposition could be staged against the NWO in the future.

Other techniques are used by these subversive groups, such as programming young boys and men to carry out assassinations for them. I suspect John Lennon's murder was one of these. John was probably seen by these people as showing the way to freedom and love, something they want to squash.

American geologist and explosives expert, Phil Schneider,

claims to have worked for 17 years in government black projects. In a video lecture about secret underground bases he says that there are over 1400 secret underground bases world wide. I understand that Pine Gap in central Australia has seven levels below ground. It is also the centre that supplies the secret military base on the dark side of the Moon. Some people say there is a base under Mt. Orion in South West Tasmania. Phil also talks about how he got involved in an underground war with the negative tall Grey extraterrestrials. Virgil Armstrong confirms that 66 crack shot Green Beret soldiers were also killed in that war in the Dulce/Los Alamos base. Most of these bases are huge, some over 4 cubic miles with amazing technology. Phil was killed after he gave the lecture.

Already large groups of people are saying no to the current politics. Governments, politicians and political parties are being forced to re-evaluate their policies to bring them in line with the “new thinking” as our collective consciousness changes. This “new thinking” is towards oneness or a realisation that we are all part of the “all that is” of Gods creation.

So, who controls the controllers?

The dark side originally came from the Luciferin Rebellion, when “Lucifer was cast out from heaven”. I suspect that the Creator actually set up this situation so that we could learn from duality! Without duality, spiritual growth can be much slower. I also believe that the existence of light and dark gives us a timing reference. Remember the Mayans say that the Hunab Ku or supreme intelligence at the centre of our galaxy, gives us “movement and measure”. They say that without this, change would not exist.

Who are the “Astral Lords?”. According to Jon Whistler’s book “One Light”, the Astral Lords are lesser gods or fallen angels. They are, in fact, part of the Luciferin Rebellion to which we all have some connection. These highly intelligent beings or entities currently inhabit part of the lower fourth dimension or Astral. According to David Icke’s book “The Biggest Secret”, these entities are the Anunnaki, a reptilian race, who originally came from the Draco star system about 450,000 years ago. At that time these master genetic engineers created us. Since that time we have been through many changes, both physically and spiritually. The Anunnaki, however still think they are our natural rulers because they created us.

The research of David Icke (pronounced IKE) shows that some of the leading “players” in our world today such the British Royal family (the Windsors), George Bush, Henry Kissinger, Hilary Clinton and Edward Heath are not who or what we think they are. For further information I recommend David Icke’s thoroughly researched book, “The Biggest Secret”.

Over a period of thousands of years, the Anunnaki have created an artificial reality in the lower fourth dimension or Astral that duplicates Planet Earth’s third dimension. This appears very real when one is in that dimension, apparently.

Some people, upon death, when they pass over from this dimension, get caught up in this artificial fourth dimensional world, instead of going up the shaft of light to home, the fifth dimension. This reality seems like home to them. They can play golf, live in houses and enjoy many “material” objects that we are used to enjoying on

Earth. I think that the “lesser gods” like to control these “lost” souls and feed off their energy.

This off world reality and other similar realities are often called “the Paradises” by the Mayans and other ancient groups. This is often where we spend time between reincarnations.

All the old control and duality is coming to an end. I understand, that since 1988, Lord Lucifer has been recalled by God from his task which was to manufacture the opposite of love on Earth. His task was to create distractions and distortions such as greed, anger, hatred, jealousy, corruption and power with control. He has now resumed his place on the right side of God, the Creator. Understanding the truth of all this old control will help set you free.



OC
Loves
Heart
Loyalty



CHUEN
Plays
Magic
Illusion

Chapter 7 – Organised religion

Like controlling groups such as the New World Order, organised religion is on the decline. Again this is partly due to the “upgrading” of our consciousness as we move into the 4th and 5th dimensions. Our new way of looking at our reality.

It is important to discern between spirituality and religion. Jesus did not want a church, such as the Roman Catholic Church, based on his teachings. I believe he wanted us to have a one-to-one relationship with God, in line with the Gnostic teachings. The church hierarchy and structure simply gets in the way of our natural spirituality.

The Roman Catholic Church, or simply the Roman Church, has been responsible for much control and misery around the globe. The Vatican Bank is another subject not talked about very often. It is very powerful and independent. I understand that it is never audited and is not accountable to government authorities like the other banks in Italy. Apparently much of the ill gotten gains of the Mafia, including drug money, is laundered through the Vatican Bank.

Other subjects that organised religion does not want us to know include Jesus’s true life. He had a brother James,

who is depicted in many of the ancient art works of the time. Jesus also married Mary Magdalene and they had a number of children. This bloodline still exists today, but is kept very secret. There are many books available that cover this subject in depth such as “The Holy Blood and the Holy Grail” by Baigent, Leigh and Lincoln.

A number of sources say that Jesus actually lived to the age of 105 after his crucifixion. He lived in France and then later in India. The Shroud of Turin seems to be the main hard evidence of his existence. It seems that this shroud is genuine, even though the Vatican initially attempted to fake or interfere with its true age. One story claimed by the “Grey” aliens, is that they travelled back in time, artificially created the shroud, and left it to be discovered. This was possibly all part of their agenda to distract and control us. The Greys could, in the future, even be responsible for the staging of a fake second coming in the skies.

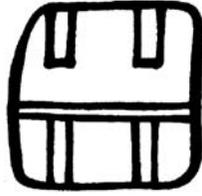
One of the prophetic teachings of Jesus was the coming of “1000 years of peace.” I believe he was referring to the new Age of Aquarius, following his age of Pisces. It is also the time when our Solar System will be in the Photon Belt and we move through the 4th dimension to the 5th dimension of light.

In “Life and Teaching of the Masters of the Far East” by Baird T. Spalding he describes how a group of American scientists travelled to India and lived there for a number of years. Eventually they met some spiritual masters who showed them many secrets including walking on water! They also helped some of the scientists escape a raging bush fire by walking them through the fire for over six miles unharmed. Later Jesus and Pontias Pilate “turn

up” with the masters. I believe Jesus and Pilate manifest themselves in this dimension to communicate with the scientists. What I found interesting about this story is that Jesus and Pilate “travelled” together. Is this an indicator that they originally played their part together over 2000 years ago for our spiritual growth, when Pilate ordered or approved the crucifixion of Jesus on the cross? Like all of us they had a mission and needed to play it out on the stage of the third dimension on Planet Earth.



EB
Influences
Free Will
Wisdom



BEN
Explores
Space
Wakefulness

Chapter 8: Intuition and spirit guides

Do you trust your intuition? Can you discern your intuition from your intellect? In modern society, we are often distracted by information in the media and other deliberately staged events so we tend to lose contact with our true inner feelings. We often forget to trust our feelings.

Some of the modern distractions include television, sport, recreational drugs, corrupt governments, organised religion, fashion and glamour. You can even be distracted by excessive time on the Internet, even though it is a good alternative source of information.

Do you trust your “gut feelings.” A little known fact is that humans have a small amount of “grey matter” near our solar plexus. In other words we have a ball of “brain material” about the size of baseball near our stomach. Virgil Armstrong says that it is this “grey matter” that tells us to “get out of there” when we are in danger. It is the strong feeling we have in the solar plexus or “gut” when we are spiritually receiving important information or directions.

When we follow our intuition or gut feelings, things seem to fall into place and we are at the right place at the right time, not the wrong place at the wrong time. We find

parking spots easily, friends turn up just when needed and timing flows smoothly. Have you ever noticed that a friend may appear to have everything go wrong most of the time! This is usually due to the fact that they are not following their intuition. They are following their intellect or someone else's advice.

When you are trying to follow your own intuition listen with assurance, acceptance and trust. This "intuition" often comes from your spirit guides. If the guidance does not make sense from our mind's point of view but still feels right, we may have to trust and go forward not knowing what the next step will be. Most of us receive two "voices", "words", "pictures" or a "knowing". The first is the "voice" of the mind. The second is inner wisdom. Go with the inner wisdom. Here is a comparison to help you discern.

When we incarnate into each life, we make a contract

VOICE OF THE MIND.

Multiple voices

INNER WISDOM

One quiet voice.

Flatters, creates glamour, specialness and separation and often appeals to greed and desire for power.

Is not separative, is of a higher nature creating love and inspiration.

May demand, confuse and conflict with your personal ethics creating fear and negativity.

Suggests, advises, never demands or conflicts with personal ethics

Often claims ultimate authority for itself and may demand obedience and surrender of one's will.

Recognises a higher power and never demands surrender of free will.

Often speaks in long flowery language and may mimic a higher voice, making good sense but will “feel” wrong.

Usually is short, intelligent and does not waste words. It will “feel” right.

Gives advice for others and may suggest you go and give them a message.

Rarely gives personal advice for others and if so, the advice will resonate in some way for the recipient.

between ourselves and our spirit guides. These guides are beings or entities that are remaining in the fifth dimension or in non-physical form while you and I have an Earthly experience in the third dimension. Guides are usually experienced souls who have had many lifetimes on Earth and have agreed to help you from the spiritual realm for your current lifetime. The names and number of guides who help you may not be fixed. It may vary from time to time, depending on your learning curve or work load. You can learn much from your guides whilst on Earth in the same way that they learn much from helping you. You also have a chief guide or master in spirit who may oversee your progress through many lifetimes.

When I was doing some intensive spiritual work in a camp a few years ago, I had a reading at the time that indicated I had 22 guides helping me! I normally have 7 on a day to day level, but the others had come in because of the extra development work I was doing at the camp. It's possible to get a spiritual reading done that details who your guides are, what they were in their last incarnation and what specifically they are going to help you with in this lifetime. The Inner Peace Movement or the Americana Leadership College specialise in these readings.

Sometimes you may be bothered by a stray entity that is still in spirit or has lost its way. A friend of mine had a reading that indicated that a lost soul was staying near to her because it “got a buzz” from her cigarette smoking. Thus it was in the interest of this lost soul to keep my friend smoking. Once this situation was understood, my friend went through a process where the lost soul was asked to leave my friend and return to its guides, also in spirit, where it could decide if it wanted to reincarnate or not.

Other entities that can hold you back could be a lost lover from a previous lifetime. That soul may be jealous when you have a loving or sexual relationship in this lifetime. So this jealous soul “hangs around” you putting out vibes or energy that tends to reject potential lovers. The fix for this situation is to get spiritual help from a professional spiritual councillor. Often the effect from lost souls or entities is quite subtle and to discern them can be quite difficult.

Drunvalo Melchizadeck says that when the Martians originally come to Earth about 65,000 years ago, they accidentally “let in” many dis-carnate wild souls into this three dimensional world. Many are still here, apparently. These wild entities can “latch on” to people and cause many strange situations. When you are not centred or not sure of your direction in life, it is possible that you may attract this type of entity. This is not necessarily fearful, but just a possibility. If you are centred and well grounded, you will not normally attract negative or wild entities.

If you feel you may be having a problem with “entities”, seek out an experienced spiritual healer. This is a specialised

area. Some practitioners of the Inner Peace Movement are trained to help with these types of problems.



IX
Enchants
Timelessness
Receptivity



MEN
Creates
Vision
Mind

Chapter 9: Extraterrestrials and UFOs

Extraterrestrials, time travel, UFOs and similar technologies can be fascinating. It can also be distracting. The Mayan calendar prophecy says we are going beyond time and technology. I believe this means by the year 2012 we will have moved past the point where third dimensional technology as we know it will be appropriate or useable. Some sources say much of our present technology will cease operating when we move into the mid-fourth dimension and Photon Belt.

The secret government, its agencies and the military have been testing and using amazing technology for decades without telling us, the general public. Apparently they originally traded humans, by turning a blind eye to abductions, in exchange for new off world technology. This was done from about the early 1940s. The main race offering the technology was the “Greys” from Zeta Reticuli, a planetary system many light years from Earth.

The problem the Greys faced was, and still is, one of extinction. Apparently they genetically engineered their race to not have emotions and feelings in an attempt to stop high technology atomic wars. This happened many thousands of years ago. They eventually came to Planet Earth, possibly attracted by our first modern atomic bomb explosion, in an attempt to regain their emotions, feelings

and eventually their spirituality. If they do not regain their spirituality their race will eventually die out. They were also hoping to join the Ascension from the third to fifth dimension that has already started for us.

I understand that the abductions of humans by the Greys is involved with testing us to find out what makes us “tick” spiritually. There are many side issues here, but that is the main thrust of their agenda. Virgil Armstrong has a book titled “They Need Us, We Don’t Need Them”. This title sums the situation up nicely. Ultimately, their mission may fail, from their perspective.

One helpful bit of advice I have heard regarding abductions is the following. If you find yourself abducted by non-human entities, exercise your “godship” and authority by saying: “STOP, what you are doing is against my free will. What you are doing is in violation of the Christ Consciousness. What you are doing is against Universal Law. Go ask your masters”. Apparently this has helped people who have been abducted by the Greys and found themselves in one of their ships. In the case in question, the little Greys ran off, asked their masters, then returned the abductee, unharmed, to their home or original place of abduction.

One of the stories from the well known Roswell crash of 1947 in New Mexico was that human body parts were found in the crashed ship. This added to the reasons why the government and military have not disclosed any information about the incident. However, I suspect that abductions are on the decline, because the Greys may be starting to leave the planet and return home, their mission being a failure.

One way to think of extraterrestrial entities is to consider they are simply us in the future, come back for a visit! Possibly their appearance is appropriate for us at this point in time and space.

One of the more controversial subjects utilising at least part alien technology was the Philadelphia Experiment and the Montauk Project. Both used advanced secret technology to time travel, make physical things invisible and control minds. The mind control technology is probably still operational today.

Other technology includes particle beam weapons which completely supersede laser beam type weapons. According to Al Bielek from the Philadelphia and Montauk projects, many incoming saucers or UFOs are being shot down before landing, using Particle Beam technology. An example may be the video sequence shown by scientist Richard Hoagland. Apparently taken from the rear of the NASA Shuttle, the sequence shows a light moving across the sky at approx. 40,000 MPH being shot at by a “light beam” (particle beam weapon?). The light or UFO makes an immediate right angle turn and accelerates to 200,000 MPH in two seconds, dodging the light beam! Its been suggested the beam originated from the Pine Gap military base in central Australia.

Probably the single most important aspect of the whole extraterrestrial story is the discernment of different types of ETs. Virgil Armstrong says that the “good” or positive ones far out number the “bad” or negative ones. The media and Hollywood like to favour the negative or fear based races, such as the Greys, because they make sensational stories and sell product. They are also motivated by their owners who wish to perpetuate

the reality of “time is money”. They wish to continue their control over the general population and not give us empowering, enlightening information about the coming age of light or Golden Age.

There are many different extraterrestrial races based on love and light, not fear. Many of these races are already among us in different forms. Many are in huge space ships waiting in the fourth and fifth dimensions, so we are unable to see them with our usual senses. Most of these positive ETs are here to help us through our transition from this three dimension reality to the fifth dimension. Some of these races have been mid-wives at the transition of other planets in other systems in the past.

Author and lecturer Sheldon Nidle says he has been working with the Galactic Federation for many years. The timing of our transition, according to the Federation, synchronises with the Mayan Calendar timing. Sheldon says some of the races who have come here to help us include the Sirians, some Pleiadians and others in higher realms. He says the directive has come from God to the local Spiritual Hierarchy who are being helped by the Galactic Federation. The whole plan is to help smooth our transition and to fulfil the natural cycle of events. Even if cleansing Earth changes, such as flooding and earthquakes, cause problems for us, the Galactic Federation has a contingency plan to temporarily air lift people in affected areas using their huge ships. This will be for a short time until the Earth changes subside.

Something to remember in this scenario is to trust your gut feelings. If ETs land in your back yard this may be the only way to discern what to do. Don't just judge them by physical appearance. Some may have misleading

agendas.

Sheldan points out that these positive ETs have advanced technology that has already helped us without most of us knowing about it. They can redirect energy from, say, a volcano about to erupt in a populated area, to a less populated area causing much less loss of life. They can also use holograms, apparently, to shield us from some incoming light energies such as the Photon Belt. This would only be done if the timing was not right yet or we were not advanced enough to handle it ourselves.

Sheldan also talks about mass landings. He says that the Galactic Federation will land en masse when the timing is right. Many projected dates have come and gone. However logic says that, assuming life exists elsewhere, they will visit us one day and change forever, the way we view ourselves and the Universe. The delays in landing are apparently due to our state or readiness or reality. They will not encroach on our free will, unlike some of the negative ETs. Most governments on Earth know of the possible landing scenarios, but refuse to help or announce it because as soon as it happens, they perceive that their power to control us will cease. They seem to have forgotten that they are supposed to serve us, not control us.

The Mayan calendar and prophecies say we are approaching galactic synchronisation when we will become fully conscious human beings, aware of who we really are and our galactic brothers and sisters. This synchronisation will be achieved by the year 2012 when the Solar System lines up with the centre of the Milky Way Galaxy.



CIB
Questions
Intelligence
Fearlessness



CABAN
Evolves
Navigation
Synchronicity

Chapter 10 – Heal Yourself and the planet.

A short history of medicine-
I have an ear ache...

2000 BC Here, eat this root.

1000 AD That root is heathen. Here, say this prayer.

1850 AD That prayer is superstition. Here drink this potion.

1940 AD That potion is snake oil. Here swallow this
pill.

1985 AD That pill is ineffective. Here, take this antibiotic.

2000 AD That antibiotic is artificial. Here, eat this root.

Many of us are in pain for many different reasons and we are often told to look outside ourselves for “the cure”. This has perpetuated for thousands of years. However the more we look inside and trust our intuition, the more the answers will come. Have you even considering asking yourself, “why have I attracted this dis-ease to myself? What lessons do I need to learn from this experience?” “Does it relate to the parents I chose?”

When looking for the reason why you are ill, take into account such things as blocked energy in your chakras, unresolved issues and so forth. After all, healing is part of changing your attitude. The chakras are the spinning energy centres around your physical body. There are 7

main ones that follow the line of your spine from the base to the top or crown of your head.

See Appendix F: The New Chakra Colours.

Many people have healed themselves using a change in diet, a more loving attitude to themselves and those around them. Some have used meditation and retreats. Pure organic and bio-dynamic vegetables instead of conventional western food, can work miracles.

Why haven't we been told about medical breakthroughs? There are powerful forces that don't want us to know the truth. Many researchers and scientists have been killed for revealing the truth. These forces include major drug companies (owned 50% by the Mafia according to Dr. Bob Beck), electronics companies that lease CAT scanners and similar hi-technology equipment to hospitals and health professionals. They don't want us to know about simple, cheap effective treatment that does not require drugs, doctors, expensive surgery and long drawn out recovery.

Recently I had been introduced to Colloidal Silver. This is apparently a "natural" universal antibiotic and germicide that has been around for hundreds of years. However the powerful American Food and Drug Administration (FDA) refuses to approve it for modern use. Acting as a catalyst, it apparently disables the enzyme that one-celled bacteria, viruses and fungi need for their oxygen metabolism. They suffocate without corresponding harm occurring to human enzymes or parts of the human body chemistry. This is the destruction of disease-causing organisms in the body and in the food.

Colloidal Silver was in common use until 1938. Many

Americans remember their grandparents putting silver dollars in milk to prolong its freshness at room temperature. At the turn of the century, scientists had discovered that the body's most important fluids are colloidal in nature - suspended ultra fine particles. Robert O. Becker, MD (not to be confused with Dr. Bob Beck) says in "The Body Electric" that an antibiotic kills perhaps a half-dozen different disease organisms, but silver kills some 650. Resistant strains fail to develop. Moreover silver is virtually non-toxic.

Silver Colloid is broad spectrum by nature whereas antibiotics are narrow spectrum by design. This simply means antibiotics are targeted for very specific problems only.

Many brands of colloidal silver are inferior. The highest grade is produced by the electro-colloidal/non-chemical method, using distilled water. The ideal colour is clear to a faint golden yellow.

Taken orally, the silver solution is absorbed from the mouth into the bloodstream then transported quickly to the body cells. Swishing the solution under the tongue briefly before swallowing ensures fast absorption. In three or four days the silver will have accumulated in the tissues sufficiently for benefits to begin. Since colloidal silver is eliminated by the kidneys, lymph system and bowel after three weeks, a regular daily intake is recommended as protection against dangerous pathogens. I take a teaspoon every morning. In cases of minor burns, an accumulation of colloidal silver can hasten healing, reducing scar tissue and infection.

Dr. Bob Beck has developed a blood cleaning device that

he claims can effectively treat many modern diseases such as cancer, AIDS, common colds & flue, Epstein Barr, Ebola, Herpes and Lupus. He says he simply took a discovery made in 1991 at Albert Einstein University, New York and made it into a practical device. This unit apparently cleans the blood of “background clutter” and in so doing neutralises pathogens, viruses, germs, bacteria, fungi, microbes and parasites. This allows the immune system to heal as it should, unencumbered. He has had a high success rate. One interesting success story is of a man suffering from full blown AIDS. After using his “blood zapper” for a period of time, he complained of green material oozing from blisters on the top of his head. Dr. Beck told him “wouldn’t you prefer the ‘nasties’ to be out of your body than in?” “Oh, yes” was the reply. The green ooze was his body eliminating and cleansing itself. The patient fully recovered.

Dr. Beck often uses colloidal silver in conjunction with his blood cleaner. I know of some Australian made “blood zappers” at about \$250 that make do-it-yourself colloidal silver using supplied silver rods and do-it-yourself blood cleaning using supplied cotton covered stainless steel leads. So this one unit is a powerful healing device that Dr. Bob Beck says can save you \$20,000 to \$50,000 on chemo-therapy alone.

Another colloidal product I have recently been introduced to is Colloidal Minerals. These can be of great benefit to general health. There is only one true source which is the Thomas Jefferson (T.J.) Clark Mine. To quote them: “Natural Colloidal Trace Mineral Concentrate is offered as a unique and highly efficient source of organically derived, Colloidal, Major and Trace minerals in naturally occurring combinations and balance as produced by nature. These

unique products are derived from natural plant deposits discovered at the turn of the century in Central Utah by Thomas Jefferson Clark. Naturally extracted in water without the use of acids or damaging heat, these products have been enjoyed for well over 70 years.

I understand that minerals in vegetables are in a colloidal form. This means they can be easily taken up by the body. Some forms of tablet minerals supplements are simply passed from the body without being taken up by the body at all.

Dr Beck also mentions that his electronic device will probably treat all the coming new viruses to be released by the New World Order, as part of their population reduction programme.

Becoming self sufficient is highly recommended. This is part of choosing to not look outside yourself to be “saved”. I believe Jesus didn’t come here to save us or take on our sins. He come here to show us the way, the light & love. Self sufficiency means being responsible for yourself and trying to not rely on “the system” and governments for handouts and help. Self sufficiency means disconnecting from “the system”, such as governments and banks, as much as possible, but it does not mean isolating yourself. In fact, in the near future, community with the people around you will become more important than ever.

There is much evidence “the system” is about to collapse. This has already started. Don’t expect it to support you fully in the future. A new community will arise from the ashes of the old. This new community will be more interconnected, compassionate and relevant to us, the people. The old structures of control and limitation will

slowly dissolve. This is all part of Gods plan. We are moving into a new galactic society where we will relate to nature, Mother Earth, extraterrestrials and each other on a deeper level, daily.

We will have mental telepathy, self healing, seeing of future events, a strong understanding of who we are individually and collectively. We will no longer have a money system, as we have known it, and the concept of time will change dramatically.

When you think about it, what is time? I think time has been constructed by the Time Lords to stop everything happening simultaneously. In other words, if we didn't have the concept of time we couldn't learn from our mistakes because everything would be instant as it is on some other dimensions and realities. John Lennon used to sing of "Instant Karma". I believe this happens when time, as we know it, does not exist.



ETZNAB
Reflects
Endlessness
Order

Chapter 11 – Gods in Amnesia

Who are will really? What are you? Knowing that all “this” or life on Planet Earth is no accident, it must occur to you that we may be important in the bigger plan or picture.

I believe that we are all on an important journey or mission. Remember, we always have existed and always will exist on some level. After leaving this planet for a final time and having experienced being “masters of limitation” here, we can move on to help other planets and societies progress through similar lessons.

Some people on Earth at present are “walk-in” from other planets or realities here helping people understand and make the transition to the new upcoming age of light. This is the new age where light and dark are integrated.

As I mentioned in chapter 4 it has been said that our ability to switch emotions very quickly has the amazing potential to make stars and galaxies! Most of the negative entities do not have this ability. Perhaps we can go on to help the Creator make new star systems?

Before originally coming to experience Planet Earth, in our first Earthly incarnation, we probably had not experienced a tough college of light and dark, positive and negative energy. Learning to handle these opposing

energies is a very powerful learning tool, not available in all galaxies or universes.

Since most of us are coming to the end of a long college course, some thousands of years long, it is now graduation time. It is now time to wake up and realise who we really are, take back our power and stand tall as the spiritual masters we always really have been.

This does not mean fighting the New World Order or the dark side, but integrating it! A sign of true mastership is the full understanding that the energies of light and dark or positive and negative all have one source, the Prime Creator or God. And since we are all a spark of this one source, we are both negative and positive, male and female energies combined. It is only on Earth or within this particular Universe that we experience the polarity or separation of light and dark.

By integrating or accepting these two powerful forces we become whole.

Remain focused and committed to achieving the grand outcome. In the end it will lead to the Golden Age.

We are really Gods in Amnesia because we have forgotten who we are and why we have come here for this experience. It's time to go home.

To quote from a song by Tom Waits:

“Well the moon is broken
And the sky is cracked
Come on up to the house
The only things that you can see
Is all that you lack
Come on up to the house

All your cryin’ don’t do no good
Come on up to the house
Come down off the cross
We can use the wood
Come on up to the house

Come on up to the house
Come on up to the house
The world is not my home
I’m just passin’ thru
Come on up to the house

Does life seem nasty, brutish and short
Come on up to the house
The seas are stormy
An you can’t find no port
Come on up to the house

There’s nothin’ in the world
That you can do
You gotta come on up to the house
And you been whipped by the forces
That are inside you
Come on up to the house
Well you’re high on top
Of your mountain of woe
Come on up to the house
Well you know you should surrender
But you can’t let go
You gotta come on up to the house”
(Waits/Brennan)

Published by Jalma Music (ASCAP)
Released on Shock Records and Epitaph Records



CAUAC
Catalyses
Self-Generation
Energy



AHAU
Enlightens
Universal Fire
Life

Summary of what's going on.

The Mayan people say that all energy originates from the Hunab Ku, God or the “supreme intelligence” in the centre of our galaxy, the Milky Way. This energy is transmitted by a “Galactic beam” to all the star systems in the galaxy and universes.

When it reaches our sun it is then transmitted to all the planets of our Solar System including Earth. We humans receive this divine energy on behalf of Mother Earth. In other words it travels through us to Mother Earth.

Within the galactic beam travel programmes and instructions for the planets and us. This is how our DNA is being “upgraded” to 12 strands from our current 2 strands. It is also how our collective consciousness is changing. It is also probably the source of all “free energy” that scientists like Nikola Tesla tapped into and the power that drives most extraterrestrial UFOs.

We elect to incarnate on Earth in order to perfect ourselves. Usually, after numerous reincarnations we become spiritual masters that reside in a higher dimension than that of Earth's three dimensions. We choose our parents, country and time of re-birth to help us learn the lessons we need. Our spiritual make up is a consolidation of all our life times on Earth and other realities. Once we obtain

spiritual purity, we can rejoin the creator, God.

The timing of our reincarnations is quite important. Some say that time is really like a river and we can enter the river anywhere along its banks. The Mayan extend this and say the river is really a circle, not a straight line. The actual time of our birth determines our astrological characteristics and associated lessons and the type of society we wish to experience. The timing also determines which of the 20 Mayan glyph energies we will take on for this lifetime. The energy from the Hunab Ku cycles through the 20 glyphs as well as many other overlapping energy cycles. We also select our gift order and rays. All these decisions are possibly made with the help of your spirit guides.

See Appendix A: What makes you the way you are?

Whilst on the Earth plain, we have limited free will. We each play our part on Gods stage. This is part of our mission. It is the playing out of the balance of light and dark, positive and negative forces. These are very powerful learning tools. Extreme examples could be Jesus and Hitler, Lords or Light and Darkness.

Here are some possible examples of well known people incarnating and working together on the “stage” to bring about the plan and help humanity. Jesus and Pontias Pilate to bring about the crucifixion. Bill Clinton, Ken Starr and Monica Lewinsky to bring about the collapse and possible end of the US Presidency as prophesied in the Mayan timing. If you think in big picture terms you may be able to think of other people and situations. I believe, in every day life, meetings with other people are not by accident. They are all for some reason, large

or small. We may have some business to deal with, some small lesson or insight to be gained or maybe a connection with someone else through the meeting.

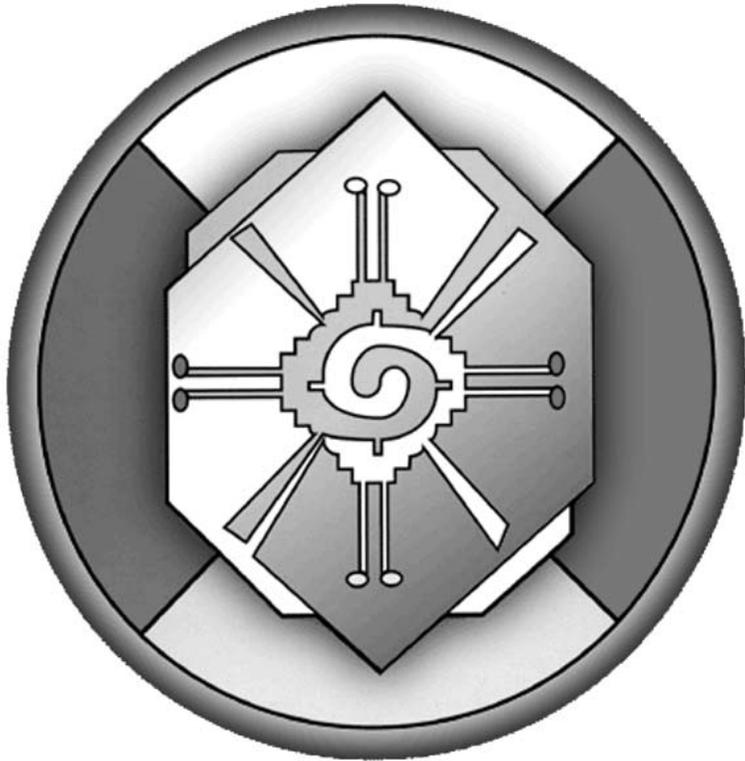
In many ways the bottom line of life on Planet Earth is our relationships with our fellow humans. To quote Gregg Braden again “relationships are the temples that are allowing us to know ourselves in all ways. To know of the “warrior” within, our anger and rage, our joy and ecstasy”.

We are all currently living between two worlds. In transition. The Mayan say the Fifth World finished in 1987 with the Harmonic Convergence or planetary alignment and the Sixth World starts in 2012. Therefore much jockeying for power and control is taking place. At the same time much healing and balancing of the male and female energies is also taking place.

Expect a roller coaster ride between now and the new world. Go with the flow, follow your intuition and help heal yourself, your friends and the planet.

Recently, it seems, as a result of the collective changing consciousness we are now subconsciously recognising our true nature and power as co-creators. We may be bypassing some of the predictions such as in “Revelations” in the Bible and creating a new reality day by day. Some say that, the start of the New World may be as early as 2007 instead of 2012!

Jesus said “As I am – so shall ye be even greater”.



Hunab Ku. The Mayan term for “The principle of intelligent energy that pervades the entire universe,” also known as The mind of the universe, The keeper of the mathematical structure of the galaxy. The Hunab Ku is the “giver of movement and measure”.

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Glossary

Ascension

Ascension is consciously moving from one world, or dimension, to another higher one and taking your body with you.

Chakras

The chakras are the energy centres of the human body. They have a relationship to the seven rays and healing. They also connect us to other dimensions and our spirit guides. See the back cover of this book for the new chakra colours (Appendix F). See Appendix A point 4 for the seven rays.

Dimensions

Drunvelo Melchizadek says there are 12 dimensions in this Universe and each dimension has 12 tones or sub-sections. This makes a total 144 levels or “overtones”.

Mayans

The mission of the Maya was to set the energy for a major transformation of Planet Earth and its people, just before 2012 AD. Their calendar starts at 3113 BC and finishes at 2012 AD. Unlike other ancient calendars, it has never been in error. This is because the Mayans worshipped time. They were masters of time and master mathematicians. “The Mayans have constructed a bridge that leads us from our limiting and separatists perceptions to a unifying experience of galactic selfhood”.

The New World Order

The elite or military/industrial alliance. Various secret organisations such as “The Illuminati”, “The Bilderbergers”, the secret or illegal government. They are

really just playing their part of the “dark side” from which we all learn.

The Quickening

The quickening is an overall name for all the changes taking place on Planet Earth now. Time is actually accelerating (Schumman Resonance), along with “upgrades” to our human DNA (more strands being added). The energy changes on Earth are affecting the way we think and interact with each other. We are starting to know each other better to the extent that we know what each other is thinking and feeling. We will no longer be able to lie successfully.

Walk-ins

When a life force or soul occupies or “takes over” an existing human body, they are called a walk-in. The previous life force or soul usually leaves. Most walk-ins are by agreement with the existing soul. This arrangement is carried out on a higher dimensional level. The usual reason for the change over is so the incoming entity does not need to go through the birth process and it can immediately go about its mission. When a walk-in takes place, there is almost always a shift in the personality of the person, but many memories are retained.

APPENDIX A

What makes you the way you are?

(An incomplete list. Not in order of importance)

1. Your many past lives

- a. You may have been a master chef previously and so you tend to go to only the best restaurants now!
- b. You may have been a reptilian from another star system, secretly involved in crystal technology on Earth in the past and have incarnated on Earth as a human at this time to experience the rapid development of technology at the End Times (as predicted in the Mayan calendar).
- c. Past life karma (to be balanced in this life)
- d. Mozart's next life was of an unknown violin maker. He continued to be involved in music, but needed to balance being less public?

2. Your sun/star sign you chose and the planetary energy present on the day you are born (Mayan Calendar)

- a. The characteristics of the sign you have chosen suit in balancing other aspects of your current life and offer other learning experiences.

3. Your Gift order

- a. We all have four gifts or abilities to perceive information and things around us. The balance of these gifts governs how we perceive the world around us. We all have one leading gift that is our main method of perception.

The gifts are:

- Feeling (have gut feelings about things & people)
- Visionary (have a continuous run of pictures in

your head)

- Prophecy (have a knowing about things to happen)
 - Intuition (have words in their head)
- b. If we trust and follow our feelings or pictures or knowing or intuition everything will flow smoothly.

4. Which of the Seven Rays you chose

- a. The 1st Ray is associated with the Ascended Master Lord El Morya. These people are statesmen, leaders, practical, excellence.
- b. The 2nd Ray is associated with the Ascended Master Lord Lanto. These people are usually teachers.
- c. The 3rd Ray is associated with the Ascended Master Paul the Venetian. These people tend to be artists and creative.
- d. The 4th Ray is associated with the Ascended Master Serapis Bey. These people are architects, designers and disciplined.
- e. The 5th Ray is associated with the Ascended Master Hilarion. These people are doctors and healers.
- f. The 6th Ray is associated with the Ascended Lady Master Nada. These people are ministers.
- g. The 7th Ray is associated with the Ascended Master St. Germain. These people are diplomats & writers.

5. The spiritual guides we choose

- a. When we incarnate we choose up to seven entities (people remaining in spirit in the fifth density/ dimension) to guide us during our earth mission on a day to day level.
- b. These guides give us words, pictures, a knowingness, feelings and intuition. If we follow these

clues things will flow smoothly.

c. We also have a principle guide that helps us in the overall big picture of our lifetime.

6. The parents you choose

a. Inherited traits

b. Physical appearance

c. May give lead in vocation/mission (eg: musical family)

d. You may need to experience an alcoholic non-loving father

7. The family you choose

a. Balancing karma with other family members

b. Continuing a very close relationship, but not sexual.

c. You may choose a mother with a specific disease so you can learn from having the same disease when born.

8. Involvement in group karma

a. May have been involved in Atlantian weapons of destruction and need to balance/heal that karma.

9. Your current relationships

a. Your current partner may have fatally stabbed you in a previous life and this rift needs to be healed.

b. Your need to learn to have a relationship with someone but without having a family. (you avoided family responsibilities last time)

c. A marriage may end unexpectantly. You have finished learning the lessons this union was meant to provide.

10. The country or geographical area we choose to incarnate to.

- a. We may have strong ties to Mu or Lumeria and choose to live in Australia to witness the rise of that great continent during the End Times.

11. The race we choose

- a. If we were a SS officer during the Third Reich, we may need to experience being a persecuted Jew today.

12. Entities we attract

- a. Many of us attract entities still in spirit that impede our everyday life.
- b. You may have an entity around you that gets a buzz or energy from your smoking habit.
- c. You may have a very stubborn entity around you that you badly mis-treated in a previous lifetime relationship. This could result in a negative energy that holds you back in some way.

13. Our life's thrust.

- a. This is the overall feeling/thrust for our mission.
- b. An example of a thrust is "Relaxed organisation and sincere communication"

14. Controls on Planet Earth plane

- a. The money & banking system operated by the Elite. They will not allow the government to issue money.
- b. The effects of chemicals in our food
- c. The effects of mind control technology, which are quite extensive (Montauk developed)
- d. The cover up of the truth by the media.

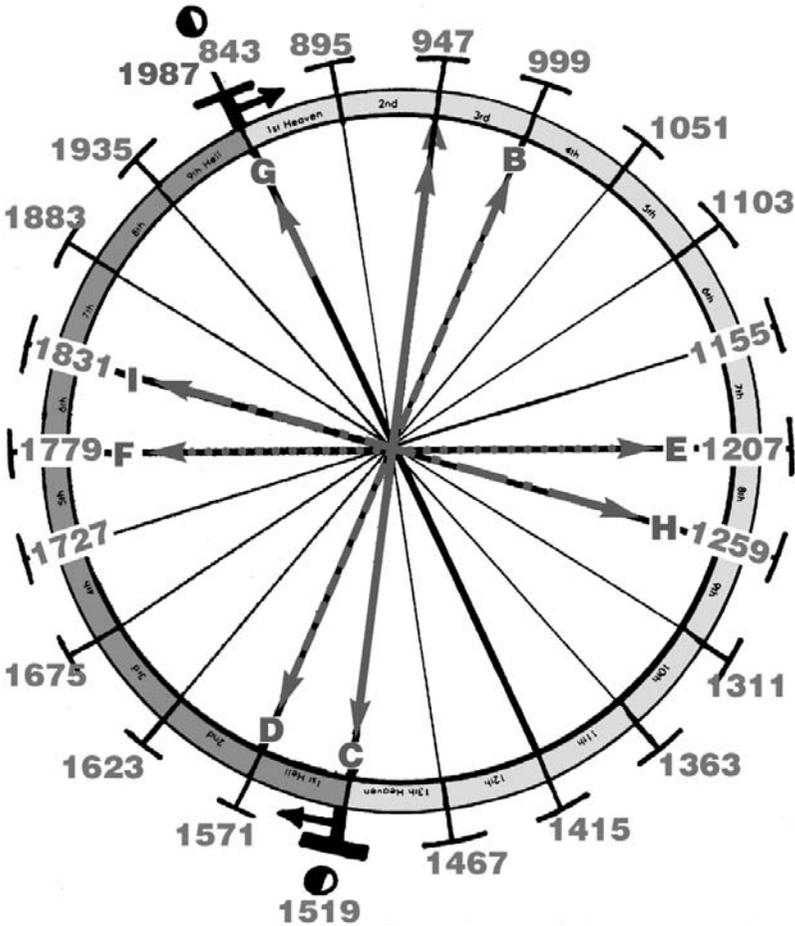
APPENDIX B

Some results of body changes occurring on the planet now.

- Occasional bouts of diarrhoea. Occasional bouts of dizziness. Ringing in the ears. Heart palpitations.
- Hot flushes, but nothing to do with menopause.
- Tenderness in the lymphatic glands, breasts or genitals.
- Intense muscular spasms and pain in certain parts of the body, eg: heart; back, head.
- Tingling or twitching in the arms, hands, legs or feet, eg: circulation problems. Breathing difficulties, eg: shortness of breath.
- Feeling tired or exhausted for no reason.
- Wanting to sleep longer and more often than usual.
- Hair and toe nails growing unusually fast.
- Long bouts of depression for no particular reason.
- Feeling the body vibrate but there is no external shaking or movement.
- Increased tension, techyness, impatience, anxiety or stress.

(from the Ultimate Ascension Handbook by Susanna Thorpe-Clark)

Mayan Echo Circle



There are 13 HEAVENS and 9 HELLS.
Each period is 52 years.

APPENDIX C

The Mayan Echo Wheel

There are 13 HEAVENS and 9 HELLS.
Each period is 52 years.

The echo circle of 1144 year “predicts” events by echoing across its diameter, that is, half a circle or 572 years. The following is an example how this works.

- A. **947 AD** Quetzalcoatl was born.
- B. **999 AD** Quetzalcoatl died. Exactly 52 years, the length of one Heaven. Before he died he said he would return and bring peace.
- C. **1519 AD** Cortez arrived from Spain, exactly 572 years after Quetzalcoatl’s birth. His military exploits caused much blood shed.
- D. **1571 AD** Deganawidah was born. He was the founder of the Great Peace League of the Iroquoise. Exactly 572 years after Quetzalcoatl’s death.

You will notice that some people predicted that they themselves would return in a new life in exactly 572 years time. On the Mayan Echo Wheel, 572 years is exactly 180 degrees around the circle or exactly opposite the point of origin. 572 years is half the full Echo Wheel of 1144 years.

In the Mayan Popol Vuh book of prophecies it says “...and the Kings knew if there would be war, and everything was clear before their eyes; they saw if there would be death or hunger, if there would be strife”. Obviously, the Kings used the principle of the Echo Wheel prophecies.

Other interesting dates on the Echo Wheel:-

E.1207 AD the Confederacy of Mayapan was crystallised from the concepts of Quetzalcoatl's great Republic of the Tree.

F.1779 AD Declaration of Independence Day on fourth of July. (May require slight adjustment to 1776).
(572 years later)

By 1987 there were 52 states - Confederacy of the USA.

G.843 AD the Mayan Empire totally collapsed.

G.1987 AD (1144 years later). Our civilisation starts to crumble?

It is prophesied that the Fifth World will be destroyed by the Fire Serpents who will cause astronomical cataclysms. The centre of the Mayan Tzolkin (Sacred calendar) contains the symbol which means earthquake or movement.

H.1259 AD Atlans leave to find another home land.

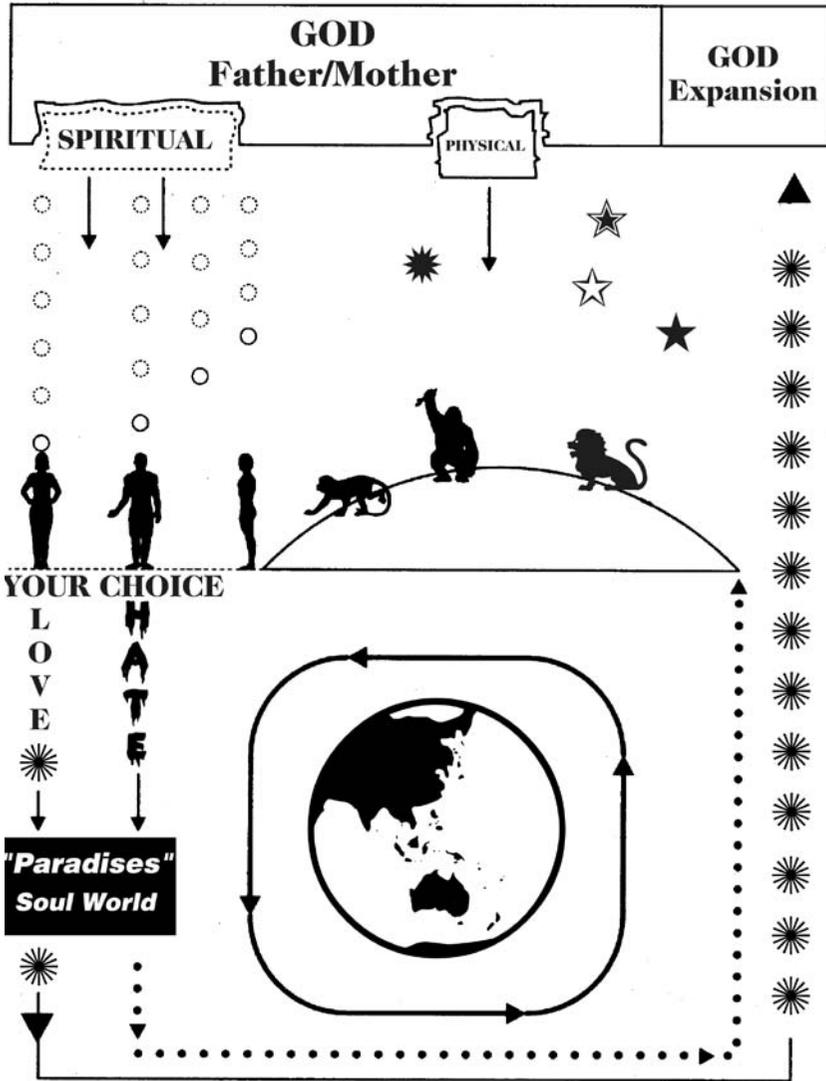
Dream of a lake.

I.1831 AD Joseph Smith announces finding of tablets. Brigham Young (his successor) had a vision of a great lake (Salt Lake) (Mormon bible based on tablets)

Incidentally, just as this book goes to press, I have realised that "Gods in Amnesia", my first book, will be published right on my 52nd birthday! Synchronicity or destiny or both? Certainly the start of a whole new cycle for me.

APPENDIX D

Reincarnation/Ascension cycles



The Supergods

APPENDIX E

Teachings	Brahminism and Hinduism	Buddhism	Christianity	Pacalism (Quetzalcoatlism)
				
The Supergods Embodiment of God the Creator?	Lord Krishna, c. 1700 BC YES. Eighth Incarnation of Vishnu ('Son' in Hindu Holy Trinity, 'Father, Son & Holy Ghost') YES	Buddha, 500 -420 BC YES. Ninth Incarnation of Vishnu.	Jesus, 6 BC - 26 AD YES. Son of God in Holy Trinity.	Lord Pacal, 703 - 743 AD YES. The Highest of Gods Embodiment of Creator God
Immaculate Conception?	YES	YES	YES	YES
Association with a star?	YES. At birth bright star appeared in heaven.	YES. Bright star in mother's womb.	YES. At birth bright star appeared in heaven.	YES. Known as Quetzalcoatl 'The Twin Star Venus', brightest star in the heavens.
Association with light?	YES. 'I am light' (Bhagavagita). Depicted surrounded by bright light.	YES. Teacher of Enlightenment; became the 'illuminated one'.	YES. God is Light (Bible). Depicted with halo of light.	YES. Known as the Sun-God in various guises.
Associated with Bird or Snake?	YES. Associated with Garuda Bird, half man-half bird and Serpent of infinity, Ananta.	YES. Reached Enlightenment with help of Serpent Maculinda.	YES. Fall of mankind (Adam & Eve) due to temptation from serpent.	YES. Was Quetzalcoatl, the 'Feathered Snake'.

Association with names?	YES. 'Krishna' means 'Anointed one' in Sanskrit. Taught that this life is illusion.	YES. Buddha is the next incarnation of Krishna, 'The Anointed one'. Mother's name is MAYA.	YES. 'Christ' means 'Anointed one' (Baptised) in Greek.	YES. King of the Maya (illusion) taught that this life is illusion.
Performed Miracles?	YES	YES	YES	YES. Maya Transformers are living miracles.
Similar teachings?	YES	YES	YES	YES
	(Love and Service to Humanity. Self control. Duty. God. Karma. Spirituality of man. Soul comes through sacrifice. Immortality of the Soul)		Qualities to be gained and overcome. Purification of the	
Was method of teaching subtle or secret? (for the few, not the many).	YES. By Parables and allegory (enabling pictures in the mind) for true believers, but out of sight for non-believers.	YES. By Parables and allegory.	YES. By Parables and allegory.	YES. By Maya Transformers (hidden pictures showing stories).
Propheced Destruction	YES. At the end of the Iron Age c 2000 AD. Purified soul will return to Earth in the next Golden Age.	YES. Indirectly subscribed to Hindu belief of 4 ages of creation.	YES. The Apocalypse in Revelations. The first will be last and the last will be first. The meek will inherit the Earth. 144,000 would not suffer. These can be recognised by the number 144,000 written on their forehead.	YES. World destroyed in cycles. Next Age begins in 2012 AD. The number 144,000 appears on Lord Pacal's forehead in the decoded Transformer. The Mayan numbering system breaks down after 144,000 has been reached.
Belief in Reincarnation?	YES. Eighth incarnation of Vishnu. Epitomised by pantheon of Gods that changed roles.	YES. Ninth incarnation of Vishnu.	YES. Recognised but not taught.	YES. Told of in the decoded Lid of Palenque. Epitomised by pantheon of Gods that changed roles.

Association with tree?	YES. Said to have died on a tree.	YES: Enlightenment came while sitting beneath Tree of Knowledge.	YES: Died on Cross with Crown of thorns.	YES: Cross is the central feature on Lid of Palenque. The Suckling Tree, said to have 100,000 nipples, grew in Paradise of Tamoanchan 'home of our ancestors'. Dead babies could suckle the 'tree of life' and gain the strength to reincarnate.
Existence of destinations for the dead? (Afterlife)	YES. Perfectly purified souls return to the creator in heaven. Almost purified soul reincarnate to Earth, in the next Golden Age. Impure soul reincarnate during the next Iron Age (the Age of Hell on earth).	YES. Purified soul become one with the force of creation that pervades the Universe. The alternative is reincarnation and suffering.	YES. Purified soul join God the Creator in Heaven. Speaks of Souls who have lived on earth before (Elijah). Impure souls may suffer and repent sins in Purgatory (the place where sins are purged).	YES: Perfectly purified souls return to God. Others journey to the paradises via the underworld and Purgatory and then reincarnate on Earth.
Resurrection or prophecy of return?	YES. Said to have risen again after death on the tree. Will return again as the God Kalki at the end of the present age.	YES. Although no resurrection, same as Krishna who, as Vishnu, will reincarnate as Kalki.	YES. After 3 days returned to life. Prophesied to 'come again'.	YES. Reincarnated as Ce Acatl Topiltzin Quetzacoatl tenth century ruler of Tula.

The four Super gods all brought a common message, that mankind has been created in order to 'purify the spirit' and that failure to do so will result in reincarnation and suffering in future lives. They all believed in the Karmic principle that all transgressions against our neighbour must be paid for in full. All debts must be repaid either in this life or the next. We cannot hurt others and hope to escape. So we need to pause for a few moments, and ask, 'Is somebody trying to tell us something?'

Super gods chart reproduced with permission from the book "The Super gods" by Maurice M. Cotterell.

APPENDIX F

The New Chakra Colours (*rear cover*)

The word Chakra is Sanskrit, and signifies a wheel. The use of the word chakra here refers to a series of wheel-like vortices or energy centres which exist in each persons aura or energetic fields surrounding our physical bodies. Well recognised in the east for thousands of years, modern western medicine is just starting to accept that the human body is really pure energy and includes energy surrounding the body (aura) and chakras (wheel-like energy centres).

The wheels are perpetually rotating and into them flow energy from higher dimensions and spirit. Without this inrush of energy the physical body could not exist.

Each chakra in the body is associated with internal organs and their functioning. They also have mental, emotional and spiritual meanings and musical tones. These centres can be a key to healing the body using the correct healing method.

For thousands of years the colours of the 7 main human chakras has not changed. They are:

- | | |
|-------------------------|-------------|
| 1. Root Chakra: | RED |
| 2. Spleen Chakra: | ROSE/ORANGE |
| 3. Solar Plexus Chakra: | GREEN |
| 4. Heart Chakra: | YELLOW |
| 5. Throat Chakra: | BLUE |
| 6. Brow Chakra: | DARK BLUE |
| 7. Crown Chakra: | VIOLET |

Now, synchronising with the “Shift of the Ages” in consciousness all our chakra colours are shifting and changing. There will be 8 main energy centres. The new colours and positions are shown on the back cover.



APPENDIX G

Some history of the 13 moon Mayan calendar

By José and Lloydine Argüelles

The Thirteen Moon Calendar Change Peace Movement is a galactic strategy that has its roots in the Harmonic Convergence World Peace Meditation, August 16-17, 1987. The Harmonic Convergence was a prophetic release of Mayan time science. The Earth exists as a planetary body within the star system Kinich Ahau located within the experimental zone. The experiment is free will, the object of the experiment is the human species. Prophecy occurs as a corrective antidote to free will abuse within the galactic experimental zone.

The Harmonic Convergence was the fulfillment of the ancient Mexican prophecy of the Thirteen Heavens of decreasing choice and the Nine Hells of increasing doom. As a Mayan time release, this prophecy ran a course of 1,144 years from AD 843-1987. In essence this prophecy stated that if 144,000 humans could gather at sacred sites worldwide at the appointed hour, August 16-17, 1987, that human civilization would move into a new era of universal peace.

In actuality, the event marked the opening of the gate to the final 25 years of the Mayan Great Cycle of Thirteen Baktuns, BC 3113-AD 2012. The prophecy of Harmonic Convergence also made it clear that universal peace would occur, but only on the condition that humanity abandon the technological civilization of materialism and return to living in harmony with nature. If not, global catastrophe would certainly occur before the 2012, Thirteen Baktun, closeout date. A Baktun is 144,000 days.

APPENDIX H

Today is the best day

1. Today is the best day. Now is the best opportunity.
2. Hardships are a gateway to happiness.
3. It is you yourself who determine your Fates and create your environment.
4. Other people are the reflections of our own mind. All things in the universe are our teacher.
5. Man and wife are a pair of mirrors.
6. The child is a great actor performing as on the stage, the mind of his parents.
7. The body is a symbol of heart and spirit. Sickness is a danger signal of our life.
8. Cheerfulness is father of good health, and friendliness is mother of happiness.
9. A breach of promise will cause you to lose your happiness, and to deprive others of their happiness.
10. Work is the highest joy.
11. Material things come to those who make the best of them.
12. Give up and you will receive.
13. Do not forget the origin, nor neglect the completion.
14. Hope is the sunshine of our heart.
15. Faith leads to success; fear and doubt to failure.
16. Respect yourself, and do the same to others.
17. Life is a drama produced by God and you play a leading part.



Nick Armstrong landed on Planet Earth, just two days after the Roswell UFO crash. His early learning curve was under the usual limitation of Earth experience and he became a master of limitation like all of us.

He first became interested in subjects “outside the box of limitation” after reading a Shirley MacLean book. He then went onto various self development workshops such as the Inner Peace Movement, a Course in Miracles and an outback desert workshop.

Nick has travelled to Palenque, Mexico, and made a documentary in Pacal Votan’s tomb, the Temple of Inscriptions titled “Who are the Maya?” This features in another of Nick’s docos. “Understanding the Mayan Calendar”.

It is interesting to note that Nick’s great great great grandfather, Erastus Snow, was the co-founder of the Mormon Salt Lake City, Utah. The Mormon’s bible is apparently based on Mayan gold tablets or sheets found by Joseph Smith, a Mormon founder.

Nick lives and works in Hobart, Tasmania. He runs a mail order business based on the material in this book.

He thanks Heather Thorpe and Jill Whyte for help with the script and Mayan material.

The New Chakra Colours

Aquamarine ———— ●

————— ● **Dimensional Doorway**

Magenta ———— ●

CROWN
(Pineal)

Living in the Heart of God

Gold ———— ●

BROW
(Pituitary)

Seeing Without Interpretation

Silver ———— ●

THROAT
(Thyroid)

Speaking Via Spirit

Crystal Clear ———— ●

HEART
(Thymus)

Unconditional Love

Ultra Violet ———— ●

SOLAR PLEXUS
(Adrenals)

Kingship of Self

Indigo ———— ●

SPLEEN
(Adrenals/
Spleen & Liver)

Unlimited Manifestation

Sky Blue ———— ●

ROOT or BASE
(Gonads & Ovaries)

Sky is the Limit

