



Practical Psychic Vampirism

by Anton Wolfram

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I dedicate this to the demons of Goetia.

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Introduction

This short and simple book is meant to be a very basic but highly useful guide to the spiritual practice of psychic vampirism. There is no theory here as that is covered in many other books. I want to get straight to the point and give you the actual exercises so you can get started asap. Although this is written more for beginners, I believe intermediates will benefit greatly from it as well.

This book presupposes a certain amount of occult knowledge. But to clarify things, I will list the definitions of a few common terms used throughout this book.

- Qi (chi), also known as prana, mana, or ki. It is the fundamental life force energy.
- Magick, spelled with a "k" to differentiate it from stage magic, is most famously defined by Aleister Crowley as, "the science and art of causing change to occur in conformity with the will."
- Astral, referring to both the astral plane and astral body, is the spiritual counterpart to the physical, which exists in a different dimension.

The Four Levels of Psychic Vampirism

There are four basic levels of psychic vampirism, touch-based, sight-based, crowd-based, and long-distance or remote-based. I refer to these by the Greek letters, alpha, beta, gamma, and delta.

Level 1 - Touch - Alpha

Level one consists of draining a person's qi (energy) through the act of physical touch.

When first practicing it is good to start with a friend or lover who will willingly let you touch them. Don't worry, you won't be able to drain enough to hurt them. Imagine their qi, their aura and then imagine your hand sucking that energy away and into you. Store it in your abdomen. Excess qi is always stored in the solar plexus. With practice you can do this quickly such as when getting change at the cash register or shaking hands at church.

Level 2 - Sight - Beta

Level two consists of draining your victim up close but without touch.

A good way to take energy this way is through eye contact, because "the eyes are the window to the soul." When you look into their eyes imagine their energy flowing into you. Careful, because too much eye contact, especially with strangers, can offend people.

Another way is when your target is in a close enough proximity to you, imagine their body glowing with energy, visualize their aura. On an inhale, feel their energy pulled into you as if you are an energetic magnet. Inhale the energy through your nostrils and send it down to your solar plexus region. Though you can do this without the awkward eye contact, direct eye contact

does help immensely.

Level 3 - Crowds - Gamma

Level three is feeding on multiple people at once, usually in crowded places such as malls, restaurants, movie theaters, and concerts.

This technique is called "line of sight" and involves concentrating on the people in your line of sight and imagining their energy flowing into you. Many imagine "astral tendrils" connecting them to people through which they can suck out the qi. The dictionary defines a tendril as a "twisting, slender structure by which a plant, such as a grape or cucumber, twines around and often climbs an object or another plant."

Imagine the long black tendrils extending from your astral body, from your fingers, chest, shoulders, back, or wherever feels right. Then see them penetrating the victim in your mind's eye. Now inhale and feel the energy being absorbed into you. Feel the tendrils as giant straws sucking the qi into your astral body and storing it in the solar plexus.

Level 4 - Long Distance - Delta

The last level is the ability to drain at a long distance. Starting out you will need a photo or fetish item such as clothing or a simple belonging such as a pen to link to the person. Eventually you can do it by just visualizing the individual in your mind. You also need a gateway to the spirit world. The flame of a candle is easiest and best but a mirror or bowl of either water or wine works just fine too.

See the person's aura around their photo or belonging and know that it is a portal to the person. Imagine the portal opening up and send your astral tendrils through it and visualize them connecting to that person, then pull the energy towards you with each inhalation like in the previous levels. This is my preferred technique but one must work up to it.

A little known technique of remote psychic vampirism is called "Auditory Draining". When talking to the target over the phone you can imagine the soundwaves of their voice on an energetic level and use that as a pathway to

connect with them and absorb their qi. It isn't the best technique but many have found it useful especially as intermediates.

Afterwards -

After feeding, or better stated "exchanging energy", it is a good idea to circulate the energy by doing qi gong. Any basic qi gong course on youtube will work fine. You can also use yoga or tai chi but I prefer qi gong. Not only will this circulate the energy, it will remove blockages, and help you to better sense energy which will increase your psychic abilities, thus enhancing your skill level of psychic vampirism.

Quick tips -

You are not limited to taking qi from just humans. You can take qi from animals, plants, and natural objects and events including waterfalls and thunderstorms.

Even the simple act of breathing is an act of "energy exchange" with the trees around you. You breathe out carbon dioxide and breathe in oxygen. The trees take in your carbon dioxide and create oxygen. It is a symbiotic energy exchange.

The Demonic Circle

The demonic circle is similar to the Golden Dawn's LBRP (Lesser Banishing Ritual of the Pentagram) but it isn't a rip-off of it. Casting a circle and invoking the elements in the four directions is a common magickal technique that is ancient and universal.

Face North, because that is the true direction of power. You will call four spirits in four direction associated with the four elements of creation, thus by invoking them you are invoking the building blocks of creation itself.

- Belial to the North invoking elemental Earth.
- Satan to the East invoking elemental Fire.
- Lucifer to the South invoking elemental Air.
- Leviathan to the West invoking elemental Water.

The Demonic Circle Ritual Instructions -

1. Stand facing North and imagine the sound of a bell ringing, the reason churches and temples ring bells is that the sound scares away lesser spirits. Face each direction going counterclockwise North, West, South, East.
2. Once you return to the North begin to imagine the element Earth, dirt and mud, etc. Then say "before me" and vibrate or sing the name BELIAL and know that the demon Belial stands to before you.
3. Continue facing Northward and imagine a cold wind blowing at your back and say "behind me" and vibrate the name LUCIFER.
4. Now imagine fire on your right and say "at my right hand" then vibrate SATAN or SHAITAN.
5. Then imagine water, deep water, to your left and say "at my left

hand" then vibrate LEVIATHAN!

6. Feel that your space is cleared of unwanted energies and that now the demons are empowering you and your ritual.

Goetic Demons that Help with Psychic Vampirism

The demons of the goetia have many, many powers and can help with almost any conceivable problem. So it comes as no surprise that there are multiple demons that can help with vampiric magickal practices. Number fifty, Furcas, can directly strengthen your vampiric practice no matter what technique you are using. Demon number six, Valefar can perform the vampirism for you, taking energy from someone to give to you.

Since the first level of psychic vampirism relies on physical touch, any number of love and sex related demons can bring you what you need. Here are just a few you can call upon. Number twelve Prince Sitri, a personal favorite of mine. Sitri is a wonderful demon that can easily bring you love and sex as I have pleasantly experienced first hand. Number nineteen Duke Sallos is also great for love. If you are more wanting sex there is number sixteen Zepar but Sitri and Sallos can bring sex too, it is all very flexible. There are more demons for love and sex but this is all you need for this book.

Vampiric Demon Ritual -

This is a five-step process for quickly and easily tasking goetic spirits to do your bidding. I won't delve into much theory because this book is about getting results. However, you may wonder why a demon would help you, isn't there a catch? The answer is no. These spirits embody certain powers and power wishes to act. Demons of love want to create love, demons of sex want to bring about sex. But they need a conduit into this world, that is you. By calling upon these demonic spirits through a surprisingly simple and easy ritual you allow them to manifest their power in this material world, which is the very thing they most desire. That is why they will willingly help you. Because you in turn are helping them.

Step 1.) Perform the Demonic Circle Ritual described earlier. Now stare at the blank spot of the sigil and feel your desire, if you want a lover feel that longing, if you want to increase your psychic vampire abilities, feel that.

Step 2.) Chant the demon's name a few times. Out loud is preferred but if you have to do it quietly then you can whisper or think the name in your head. When thinking it in your head imagine saying it as loudly as possible. Say the name as if you are saying it to a person.

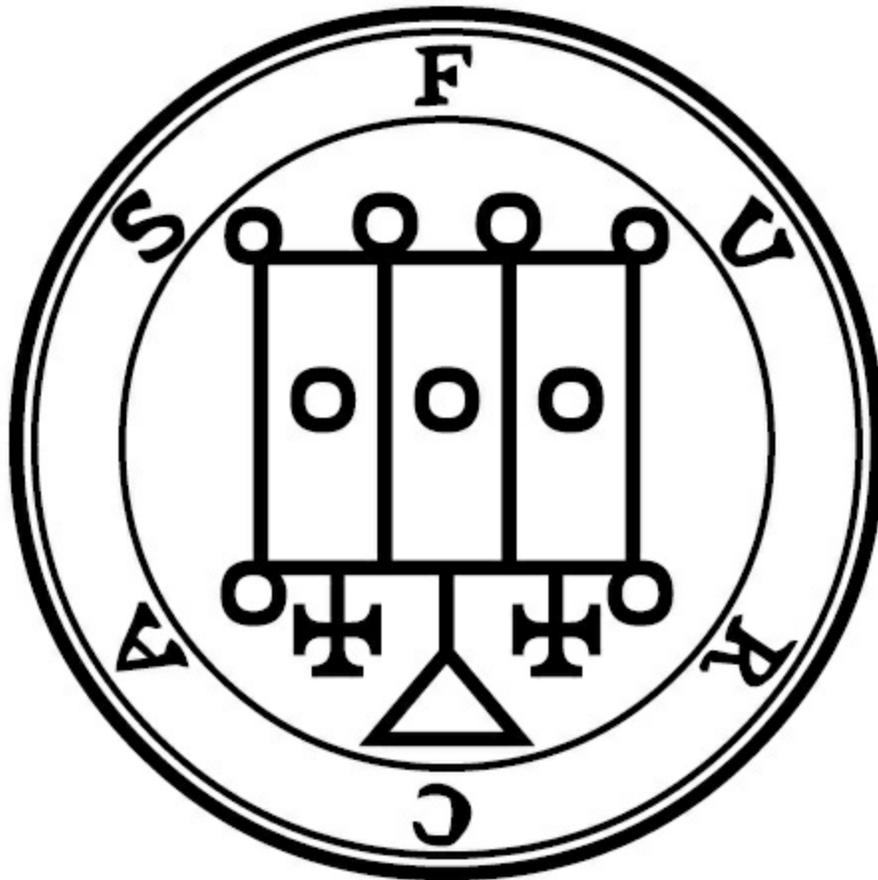
Step 3.) Now shift your focus to the artwork in the center of the sigil. Soften your gaze so that the sigil begins to get blurry with parts fading in and out. This is the trance state. In this trance state imagine that you already have what you desire. Feel strongly the emotion you would feel if you had it. Focus on this for a while generating emotion.

Step 4.) Then tell the demon out loud what you wish for. Say the demon's name then the command such as, "Strengthen my ability of remote psychic vampirism." or "Bring me a sexy, clean lover." Feel gratitude for the result and say the demon's name one last time which gives it license to depart.

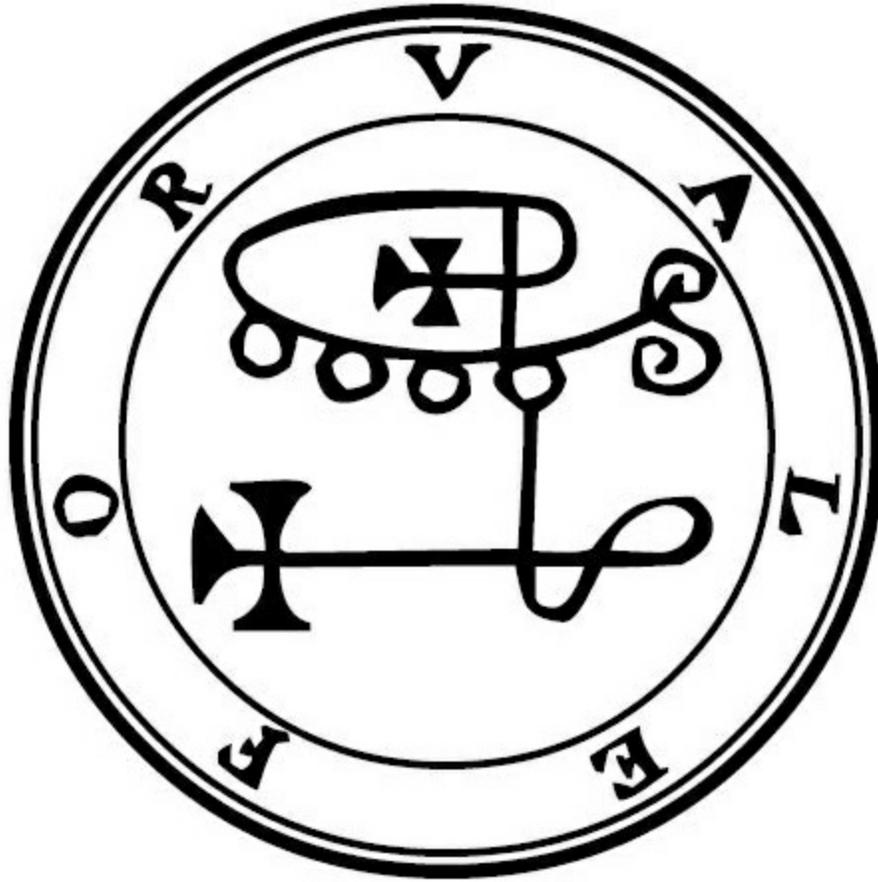
Step 5.) Now do something else to get your mind off the ritual. Play a video game on your phone, cook a meal, read a book, etc.

Demonic Sigils

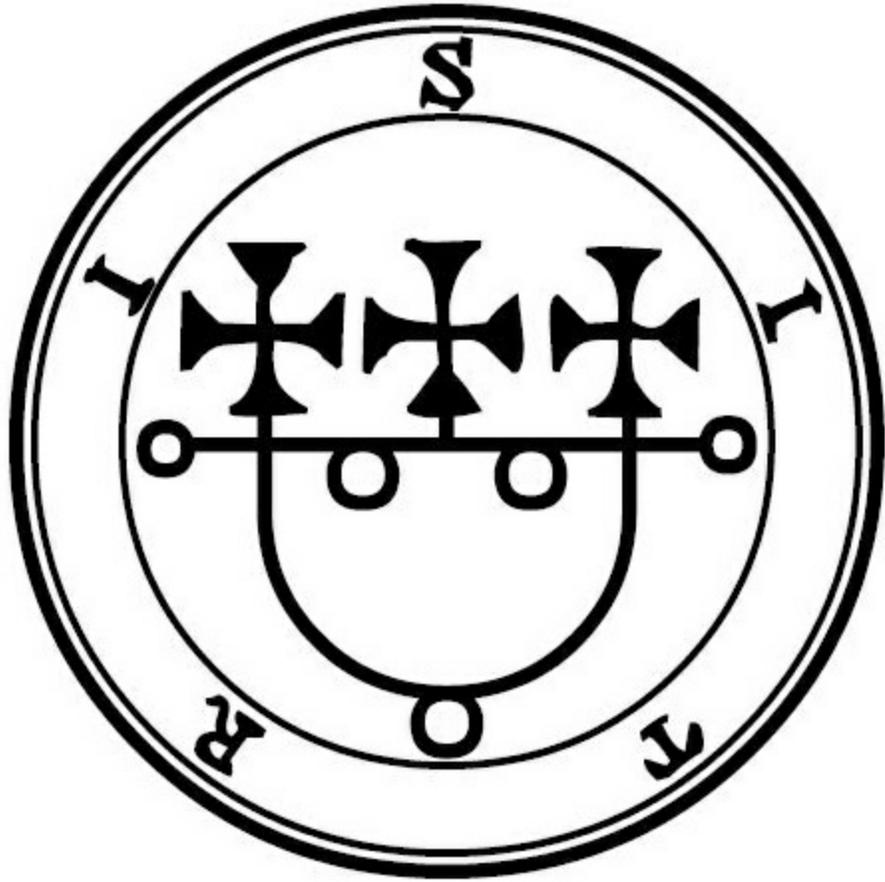
Demon Furcas - To enhance any technique of psychic vampirism.



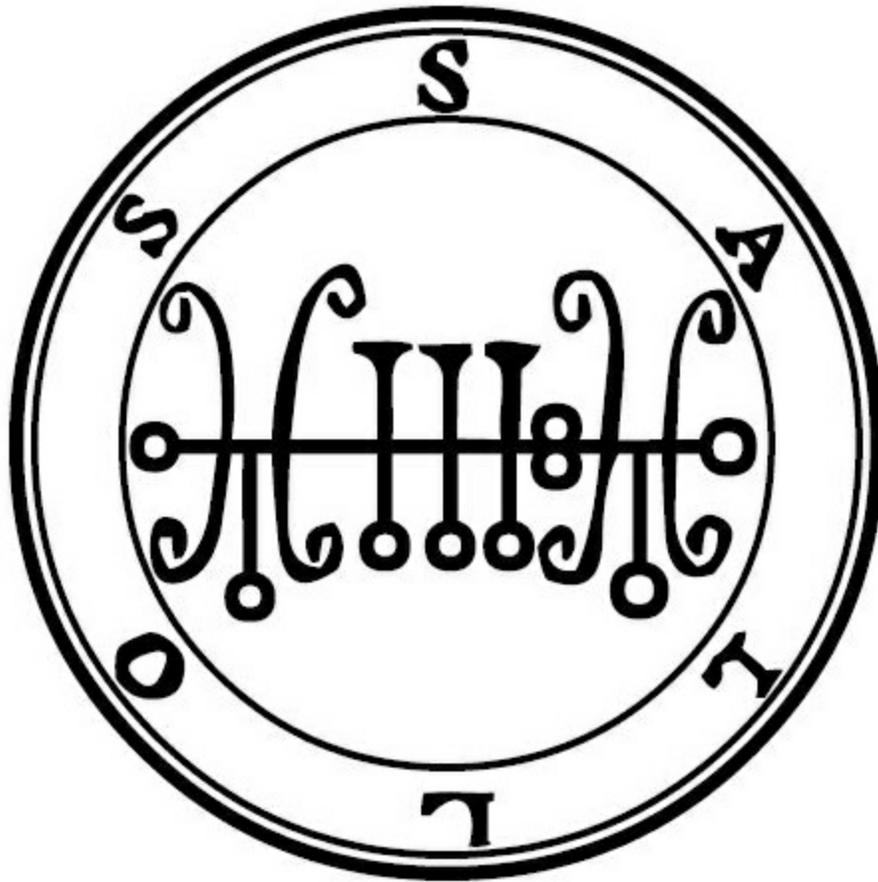
Demon Valefar - Drain the energy of someone to empower yourself.



Demon Sitri - Bring you a lover or sexual partner. (My personal most recommended demon for this.)



Demon Sallos - Bring you a lover or sexual partner.



Demon Zepar - Bring you short but satisfying sexual trists.



Vampire Gods

In addition to demons the vampire magickian can also commune with certain gods attuned to the current. I don't do as much practice with gods but have done some work with both Lilith and Kali. This short chapter is mainly included to give some basic information to those who prefer working with gods more.

- Cihuacōātl -

Cihuacōātl (meaning "snake woman") is an Aztec goddess of fertility known to drink blood. Her appearance is that of a young beautiful woman with skeletal features. Her face is half-red, half-black with a headdress made of eagle feathers.

- Kali -

Kali is a Hindu goddess that figures prominently in tantric magick. She is the master of both death and time, hence her "black" nature. She wears a necklace of human skulls and has a fierce presence, yet also a loving and motherly side as well.

- Lilith -

Lilith or Lilit, is said to have been Adam's first wife in the Garden of Eden. She refused to be subordinate to him and was cast out of paradise. She encountered the prince of darkness Samael and became his wife begetting demons and vampires. Despite her reputation as a "night hag", Lilith is a wonderful goddess to work with and I recommend her.

- Set -

Set, or Seth, is the ancient Egyptian god of deserts, storms, violence, and

chaos. Set is the god most frequently worshiped by vampires.

Vampiric God Ritual -

Setup your altar. Have incense and offerings. You can offer food, water, even flowers or artwork. I've found that it doesn't matter much what you offer it is more the act of offering itself that counts. Have a picture or figurine that represents the god or spirit. Light candles and incense. Meditate, then pray to the god and make your offerings. After the rite is over you may discard the offering since it is only the astral component that is of use to the spirit.

Vampire Servitors

This chapter is about a special technique of vampiric magick, the creation of a vampiric servitor. A servitor is a magickal being created by the will of a sorcerer. You imagine the being and through magick ritual, bring the imagined being into an existence of its own. As it is a creation of your will it is bound to your will and will perform the tasks you instruct it to.

Servitors can be used for literally anything from love to money, but this book focuses purely on servitors of the vampiric variety. This is a simple and excellent technique that often gets overlooked when people write about psychic vampirism. It is glossed over in a few books but they don't give much instruction and it is buried under pages and pages of theory, usually the delusion of the author themselves rather than anything immediately useful to the vampire magickian.

To create a vampiric servitor you will need the following:

- 1.) Name & Intention
- 2.) A house (such as a doll, crystal, or something made of clay)
- 3.) A sigil to contact them

The name is what you will use to call your servant. The intention is what they are for. It could be general vampirism, sexual vampirism, or you could focus on only one person as a form of magickal attack.

The house, or body, is what will link your servitor to the material world. You can store them in a crystal, rock, or a pre-made doll. You can even make your own house using basic modeling clay from a dollar store.

The sigil is a unique marking that you gaze at to make contact with a spirit. It doesn't have to be fancy like the goetic sigils. You can even use an app such as <https://www.chaostarot.com/app/>.

Creation of the Vampiric Servitor:

Step 1.) Cast the Demonic Circle and meditate a moment. Then began to breath in light, letting it build in your abdomen. Then push the qi ball into the servitor's body (house). Breath onto the servitor pumping all the accumulated qi into its body. Imagine its body glowing with light and life.

Step 2.) Now speak to the servitor as if it is alive saying, "You are ____, you are created by my will and energy, thus you are bound to me and will faithfully carry out my instructions. When the task is completed, you rejoin me. You are fed by the pleasure I take in the results you bring me.

Step 3.) Now task the servitor to go out and bring you energy. Or whatever it is that you intend for them to do.

Tips on Servitors -

- Program the servitor to purify the energy it collects.
- You can also instruct it to only go after young, healthy people with plenty of excess qi.
- Choose a house that is long lasting so that it isn't easily damaged. That's one reason rocks and crystals are so popular!

A Bit of Fun

The last part of this book is optional and more for fun. An helpful but often overlooked component of magickal practice is "immersion", or the process of attuning yourself to the current.

If you know nothing about Egypt and want to start practicing Egyptian magick you absolutely can, and you can be successful with it. But it helps empower your magick if you spend some time studying the culture, immersing yourself within it.

The same is true of vampire magick. Immerse yourself in the mythos of the vampire. Study the legends & lore of vampiric creatures. Read books and watch movies based on vampires. Hell, you could even play a video game like the NES classic *Castlevania*.

Personally, I am big lover of film. I even blog about films under a different pen name.

Conclusion

These are all the basic techniques of psychic vampirism. With these tools in your arsenal you will have all the qi you ever need. Use them wisely.

I hope that you have enjoyed this book and that it helps you greatly in your magickal practice. If it does, please don't hesitate to tell others about it, whether through social media or by writing a review.

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About The Author

Anton Wolfram.

Anton Wolfram is a writer and occultist interested in cryptozoology and film.
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