

## TRITYPES

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## 125 THE MENTOR

The 1-2-5 combination is focused on helping others through their information, being a mentor and being of service. This is the scholar archetype. 1-2-5 combinations tend to exhibit great diligence and seek to maintain and abide by ethical codes. While the 125 aims to help people in need through their knowledge and wisdom, they often pay too much attention to procedure and protocol which ultimately gets in the way of being of true service to others.

If this combination is led by the Enneagram type 1 - the Perfectionist - the individual tends to be more scholarly and focused on learning from and helping other researcher-figures or are happiest when they are able to mentor people to improve themselves. 1-2-5s tend to be very diligent and knowledgeable while being good at finding what needs to be done and simple, effective ways to do it. Oftentimes, the 125s fail to simply trust their hearts and can appear overly judgmental, cold and indifferent. More so, over-giving and then feeling overwhelmed is not an uncommon pattern for such individuals.

The 1-2-5 combination tends to be kind, helpful individuals who are a bit more introverted and reserved. The 125s are more controlling and demanding but are influenced by the Two and as such are also very helpful advisors. 125s give without expected much in return as they feel uncomfortable receiving from other people. More so, this combination tends to be both very generous and socially involved but demand time alone to rebuild their energy and sort out their thoughts. Generally speaking, the 125 combination makes for patient teachers and erudite and idealistic individuals.

The 5-1-2 combination - led by the observant and knowledgeable Enneagram Five - is the most orderly Five; they want knowledge to make change. The 512s also tend to be socially focused and friendly. 512s are influenced by the thought processes of the Two and are thus service-oriented but are also very inquisitive. The 521 combination tends to be the more altruistic and generous of all the Fives. This combination usually make good researchers as they are precise, ethical, thorough and disciplined but are also very helpful individuals. However, 512 individuals tend to be moral and righteous which can lead to them becoming crusaders for theories and systems that can make the world a better place, sometimes at the cost of their own physical and emotional needs.

The 2-5-1 combination - led by the Considerate Helper Enneagram Two - tends to combine their intellectuality with their emotionality to create

sure-fire strategies that are bound to end with them projecting a positive image. They learn as much as possible from their environment to understand its rules and regulations, so they can then proceed to accommodate their image to it and therefore "fit in". If 251 individuals do not receive consistent and coherent rules from their environment, they tend to become confused about their self-image. 251 tritype individuals tend to value service to others above all, have a feeling centre of the Quiet Observer and a thinking centre of the Perfectionist influencing their behaviour.

## 126 THE SUPPORTER

The Supporter tritype combines the diligence and the strong sense of ethics of the One, the care and helpfulness of the Two as well as the inquisitiveness and supportiveness of the Six. These individuals tend to be responsible, cooperative, most comfortable doing things by the books and know what to expect. Due to the Two influence, this tritype aims to be of service to others and is concerned with others' wellbeing. Furthermore, this tritype tends to have a mission of finding structured ways to give help. However, the blindspot for these individuals is that they can be overly fixed in their opinion of what is right and be rigid in their expectations of yourself and others and thus come across as disapproving or militant.

When this combination is led by the Perfectionist Enneagram One, individuals tend to have an emphasis on being very responsible, dutiful and devoted friends. This combination influences the typical One to be more affiliative and empathetic than other Ones. They can be more rigid and rule-bound because of their insecurities; they are slow to change their old beliefs even when they're proven wrong, and they're usually steadfast and honest people. They're somewhat suspicious and skeptical, but once they trust someone they are capable of great generosity

The 2-6-1 combination tends to be a very obedient combination that often ignores their own desires. However, these individuals are very loyal and often act for others, serving them and expecting to be reciprocated by others', too. These individuals usually deal with the anxiety they feel with vigilance, distrust of authority and anger by being self-critical. Busy and responsible, these individuals aim to serve others in a structured way; so that they can help others achieve their goals. 261s tend to be the most militant type of Twos; people who are strident but put a great emphasis on being of service to others.

The 6-2-1 combination which is led by the Loyal Skeptic tends to be an extremely helpful individual. Both the Six and the Two are very focused on assistance while the One wants to do what is right. Ultimately these people tend to be very diligent as well as helpful and compassionate. All three types have rigidity in their character structure so the growing edge for these individuals would be to begin to let go of the structure of how one should be and instead learn to listen to their heart and intuition. 6-2-1 combinations have a tendency to critique things and to be critical but the Two brings a sort of gentleness that adds a warmth dimension.

## 127 THE TEACHER

127 combinations tend to want to be around people; they are engaging, fun-loving and outgoing, too. These individuals seek fun with a purpose, need goals as well as time to play and celebrate. More so, these people tend to enjoy discovering new things and sharing what they have learnt with others in an attempt to help those in need of guidance, hope and inspiration. The blind spot for this combination, however, is that these individuals can be so focused on what is appropriate and pleasing that they stop listening to your feelings, and rigidly maintain unrealistic ideals. The path of growth for these combinations is to become more comfortable with experiencing emotional pain and realize that negative emotions teach us what we are feeling and are an important aspect of any decision making process.

The 127s tend to be the very friendly (and usually healthier) Enneagram Ones. They are also fairly generous, caring, optimistic and also a bit playful when they are having a good day. As they are afraid of being lonely and unloved, they tend to surround themselves with people. 127s are also compassionate, tolerant and understanding and thus have the desire to help other people make their lives happier. 127s are popular, funny, approachable and pleasant people. It would seem that the laid-back, open and fun Seven in this tritypes serves to offset the more uptight, rule-abiding One.

The 2-7-1 combination is the archetype of the Teacher. When Two is dominant, there is a strong passion to want to teach something of an interpersonal nature. 271s have a positive energy with a mission to teach and inspire others with fun and a purpose.

The 7-1-2 combination describes a person who needs to find structured ways to play as well as to be of service. They enjoy teaching and to support others; they find it necessary to make teaching and learning enjoyable. The blind spot is that they can become so attached to their way of doing "fun" and innovation that they can gloss over negative feelings that need to be addressed or become too rigid in their expectations, thus making things not fun.

## 135 THE TECHNICAL EXPERT

The 1-3-5 combination combines the diligence and sense of ethical codes of the One, the focus and efficiency of the Three and the wisdom and knowledge of the Five. Individuals with this tritype combination tend to be highly rational, seeking systems and procedures. Detail oriented, such individuals like mathematic concepts and finding ways to breakdown and understand complex material. More so, they tend to be good with their hands and are very precise. 135s are naturally inclined to be tenacious and persistent, too.

When this tritype is led by the One, individuals tend to be rather ambitious, elitist and goal-oriented. They are also usually very hard-working and somewhat intellectually arrogant. While they can appear colder and self-certain, they can be rather sensitive and fearful on the inside; they are afraid of failure and not meeting the expectations of others. They rarely show their feelings and therefore they usually seem cold and very self-assured. These Ones are generally well-read, well-mannered and quite intellectually refined: they like to impress others with their intelligence, wisdom and irreproachable and impeccable work.

The 5-3-1 combination is one of the most cold-blooded, self-righteous and self-controlled of the Fives. 531s are the most scientific and remote Fives and are very uncomfortable with intense feelings. This tritype is remarkably efficient, hard-working and competent although is usually quite anal as well. They demand recognition for their contributions and are fairly concerned with their image and intellectual value. Somewhat self-righteous and impatient with others, they are however pragmatic and tactful enough not to compromise their goals by being too inflexible. These Fives are very clever, self-confident, perfectionist, arrogant and glacial.

the 3-5-1 combination on the other hand is also very competent, controlled, disciplined, tenacious and pragmatic. They tend to avoid error and sloppiness in their work and are usually people who over-

focus on their emotions. What separates the 351 combination from the combinations led by the Five and the One is that Threes tend to be concerned with how others view them and thus strive for success in whatever they deem important, usually image-related success. Naturally focused and perfectionistic, 351s like to set goals but prefer to respond when they have had time to assess and evaluate. 351s tend to conduct themselves in a highly competent and rational manner.

## 136 THE TASKMASTER

The 1-3-6 combination combines the diligence of the One, the efficiency of the Three and the sense of duty and inquisitive nature of the Six. These people are often highly industrious, responsible while being focused on achievement. These individuals often feel obligated to be orderly and to create a successful image as dictated by society. Most importantly, they tend to focus on their duty and finding certainty. The 1-3-6 combination is incredibly discerning and are inclined to create and implement structures and rules that others in society can follow. The blindspot for these combinations are that often they can be so overly focused on the rules that they can lose touch with their own values and feelings in deference to what is acceptable or societally defined. This tritype is at the most risk of becoming robotic.

When this combination is led by the Perfectionist One, individuals tend to be elegant, stoic and resolute with a loyal professional veneer. The compliant Three, competent Six and normative One results in an individual who can be very self-critical at times as well as someone who has strong ideas about how they should act and have guidelines that they create for themselves to strictly follow. While this combination makes for an individual who is conscientious and diligent, this does not necessarily mean that they embody these qualities for themselves. These people generally enjoy receiving prizes and praise as a way to boost their reputation among their peers. Because 136s are generally good at getting things done efficiently, they often make good leaders and excellent managers. Although they are very pragmatic and slightly cautious which stands them in good stead for any leadership roles they might assume, 136s often suffer from paranoia and tend to worry about their status, finances or health.

### 3-6-1

The 6-1-3 combination is the Six with a strong superego; they often have a lot of issues regarding personal competency. Of all the Sixes,

this combination is most likely to respond negatively and reactively to pressure from others, since there is already a nearly unbearable pressure from within. The 613s usually have a strong image orientation; there is a constant need to impress others and to have a positive place in the social sphere. More so, they have a strong loyalty to causes, but more so community causes, not personal ones. The 613s tend to be a very hands-on tritype combination who will work hard for what they want to achieve. In short, 613s have the core desires of the Six while interacting with the world like a One and they like to be seen like a Three would like to be seen. Because the Six is security-oriented, they tend to alternate between serious doubt and serious loyalty. They tend to be rule-focused and when that Six tendency is combined with the One, they tend to get very fixated on constructing appropriate rules and being critical of self and others. When these three types are combined it is easy to see why these individuals are dedicated toward seeking out the best rule set.

## 137 THE SYSTEMS BUILDER

The 137 Systems Builder archetype describes someone who is diligent, ambitious and innovative while displaying the ethics of a One, the efficiency of the Three and the upbeat persona of the Seven. The One, the Three and the Seven are all focused on different ways to look at something to build. The One is looking at the foundational details and qualities needed for something to be done well, the Three is looking for the most effective and efficient way to do something and the Seven has the vision. So, when these three types come together you have someone who is really good at knowing what to do and how to approach it in a fun way. These individuals are usually very self-motivated and want to achieve their goals in a positive and effective way; they want to do their best and to enjoy doing it. As true perfectionists, they are happiest while they are successfully meeting their goals.

The 1-3-7 combination with the One in charge is much like what is described above. However, this combination describes individuals who are more socially-adaptable, goal-oriented and competitive Ones who usually have more friends and connections. Usually extroverted, assertive and natural leaders, these people can also be a little too narcissistic and self-important. They are good motivators and can come up with visionary ideas which they have the required determination and self-discipline to put into practice. They normally have a handy social network and can be quite entertaining and charismatic when needed.

The 3-7-1 combination is very positive, orderly and success oriented. They are focused on the goal and building the foundation. They are often empire-builders; they need completion. The hard-working Achiever and the diligent One offsets the disorganized and whimsical Seven. It would seem that the 371 combination tends to execute tasks the most often and in accordance with their true goals.

The 7-3-1 combination - when the Seven is in charge - tends to be very positive and upbeat and will be focused on finding out what needs to be done as well as finding the most pleasant and efficient way to do so. One blindspot is that this tritype can be very perfectionistic, and can have a tendency to miss seeing what is important to them because they have become overly focused on what appears to be successful, positive, or appropriate to others. More so, this combination tend to be slightly pseudo-realist; they believe they know who they are and what the world is life and thus may suffer from delusions at times.

## 145 THE RESEARCHER

The 1-4-5 combination combines the diligence of the One, the intuition of the Four and the knowledge and wisdom of the Five. 145 individuals ten to be highly intellectual, focused on what they perceive as correct and beyond reproach. Research oriented, they seek and quote the opinions of experts to avoid being uncertain and thus, seen as ignorant. These individuals can also be very reserved and introspective while being self-conscious. The One brings out a harsh critique of themselves and others and they are very particular individuals. These individuals have a hard time concealing their dissatisfaction. While these people tend to be approachable, they usually hope that others will come towards them first.

When this combination is led by the One, individuals tend to be very diligent, intuitive and knowledgeable. They want to be ethical, original and wise and tend to be very research oriented. Their life mission tends to be to study as much as they can and then to teach the wisdom of what they have learnt to others. They are happiest when using their investigative skills. The 145s tend to be rather introverted and withdrawn as far as Ones go but are also more creative, original and abstract than most. They are often harder to get to know because they can be moody, more reserved and often picky people. They have artistic inclinations and can be quite whimsical and creative. They tend to feel overwhelmed by the real world and hide in their own perfect worlds of fantasy. Their blindspot, however, is that these individuals can be so identified with the information that they have gathered and the correct way of doing things that they begin to feel exhausted and

can appear to be a persnickety know-it-alls.

The 4-5-1 combination appears very different to the typical Four. They tend to be intensely individualistic but also more introspective and reserved. The 451 is more particular and is more motivated by gathering meaningful information that is useful. While usually very intellectual, rule-based individuals, there is often a twist of the romantic and mysterious – this is the influence of the Four. It would seem that their emotional realm is offset by their intellectuality; they are able to dissect their own emotions rationally. The oftentimes harshly critical nature of the One can bring out an overly critical and defiant nature in the individual which can negatively impact their search for the ideal mate. Because the 451s are very perfectionistic and academically-minded, they never quite feel satisfied or finished, sometimes falling into long states of procrastination.

The 5-1-4 combination tends to be slightly more anxious especially with a Six wing. More so, 514s tend to be the most particular of the Fives, especially they are of the Self-Preserving type. The 541s tend to stand out by being rather fussy; they are pretentious and perfectionist and can also be highly demanding of their environment. Idealistic and principled, these Fives can be very criticizing and rejecting of people and situations that do not meet their standards – many would call them fastidious. To a certain extent, they believe themselves to be superior and different from others - misunderstood but brilliant. Indeed their intellect, insightfulness and logical thinking, as well as their physical and emotional fragility contribute to an overly cerebral image.

## 146 THE PHILOSOPHER

When the One's diligent nature, the Four's intuition and the Six's inquisitive nature combine, the tritype results in the Philosopher. These individuals tend to be morally focused, have strong emotions and are inclined to voice their feelings and intuitions. They also care deeply and want to help others improve their lives and the expectations that they have of themselves. Usually the life mission of these people tends to be to find the truth and to help others understand what has intrinsic value. True philosophers, these people are happiest when they can use their intuition to help others find meaning. However, the blindspot the Philosopher should note is that often 146s can be so identified with what they perceive as the morally correct way of being that they can come across as overly prudish, rigid and inflexible.

The core fears are of fear itself, danger, being alone, cowardice, submitting, deviance, uncertainty, being targeted, chaos, being wrong, bad, evil, angry, inappropriate, unqualified, corruptible, condemned, being inadequate, emotionally cut off, ordinary, commonplace, and being abandoned

When this tritype is led by the One, there tends to be a fear of desperateness, dullness and doubt. **Tendency to seek things they will accept, poignance and reassurance.** Unlike most Ones, these Ones tend to be quite imaginative, creative and a bit melancholic. They are extreme perfectionists and can easily feel discouraged and let down by the imperfect world. They don't easily trust others and tend to avoid society, but at the same time they crave being loved and belonging. They also have a bit of a temper so their anger can show especially when feeling misunderstood. They tend to support the underdog and they can have a passionate, belligerent streak to them.

More so, 146s tend to be very dutiful and faithful but also prone to angry reactions and, rarely, depression bouts in isolation. This is a more anxious One that finds it harder to hide his anger and his concern with the loyalty and reliability of those around. Can experience strong like/dislike feelings about people and situations and is more suspicious and prejudiced towards newcomers and different groups. They are typically traditionalists, but will at times go against tradition in a rather rebellious way, especially when insecure.

When this combination is led by the Four, individuals tend to be very inquisitive and discerning and also the most compliant and rule-oriented Four Fours. Due to the influence of the Six, these people may report problems regarding high anxiety.

When this combination is led by the Six, individuals tend to be very intuitive Sixes compared to most. This is also the most particular Six, due to the influence of the One. Often, these people can be quite creative, especially if their wing is Seven. They can be torn between the need for meaning and need to be dutiful and responsible. When the Six is in charge, it often results in a Six that is often drawn to teaching.

## 147 THE VISIONARY

This tritype is characterized by the One's diligence, the Four's originality and the Seven's innovation and positivity. These people tend to be passionate and idealistic. They want to make a difference in

the world and see the many possible approaches to different situations. Furthermore, the One tends to bring out a perfectionistic quality in this tritype and as such, these people might strive to create standards that improve lives. While 147 individuals tend to be bold, playful and uninhibited, they can also feel very serious, reserved and self-conscious. The 1-4-7 combination combines all the idealistic Enneagram types. This tritype is the type that is both diligent, creative and intuitive. The blindspot is that the identification with the high ideals can create a sense of being inflexible in standards and rigid. This is the type most likely to alternate between being the life of the party and feeling inhibited and needing to be appropriate. The life mission is to bring visualize ways to create meaningful change and teach or inspire others toward higher values of excellence.

When this tritype is led by the One, the perfectionistic traits tend to come to the forefront. However, due to the Four and Seven, these Ones tend to be the most expressive and passionate of the Ones. These people tend to want things to be a certain way and tend to reject whatever doesn't precisely fit their desires. However when they appreciate something (an idea, a person, an activity), this tritype can over-indulge in it in an excessive, obsessional manner. They're not as self-disciplined as other Ones and they're prone to giving in to their fantasies and desires more, believing they are somewhat special and deserve special treatment.

The 4-7-1 combination tends to result in the Frustrated Idealist. When the Four is in charge, the tritype is characterized by having strong ideals which can never quite be met. These people tend to want things to happen a certain way have high expectations, but they usually fall short.

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## 258 THE STRATEGIST

The Strategist combines the care and helpfulness of the Two, the knowledge and wisdom of the Five and the straightforwardness of the Eight. Highly sensitive, these people are empathetic and intellectual people who can be both introverted or extroverted. More so, these people can also be direct, moving easily toward others but are also prone to over giving and then having to pull away in order to recharge. These people tend to really want to be of service by providing useful

information to others and protecting others through their knowledge or expertise in a particular area. The energy seems quite split because of the introverted Five interjecting with the extroverted Two and Eight energy mingling. It can be a confusing type because there is a hot/cold quality to them that can be difficult for people to understand. One minute they are helpful and warm, the next cold and rejecting, and then another seemingly directive and blunt. Despite this, they really know what is needed to protect and guide others. They can sometimes feel they don't have the internal resources to help others but want to have something to offer (which contributes to the hot/cold quality).

Further more, this combination is probably the most power-hungry of all the tritypes and so they are likely to deny that they have needs themselves and are also likely to deny their own vulnerability. These people also tend to be able to exert a great deal of strategic insight into most situations and become the classic mastermind behind affairs. When less healthy, they become control freaks who cant leave others alone

258s tend to be caring, knowledgeable and protective. They want to be helpful, wise and straight- forward. When this combination is led by the Two it results in an individual who is a schemer at heart, they combine their intellectuality with their emotionality to create sure-fire strategies that are bound to end with them projecting a "positive" image. They learn as much as possible from their environment to understand its rules and regulations, so they can then proceed to accommodate their image to it and therefore "fit in". These people are generally intellectuals and can be both extroverted and introverted. Their life mission is to help, inform and/or protect others. A true analyst, they are happiest when they are in a position of leadership and can use their natural instinct to understand strategic principles to guide others. However, their blindspot is that they can be so identified with their opinions that they can be too forward or too distant from others, which can appear intense, unpredictable and intimidating. When this combination is led by the Two, this tends to result in individuals who, more than anything, need to have the upper hand on people. They may be manipulative or domineering..

When this combination is led by the Five, this combination tends to be the most personable, people-oriented Five, especially if they are the social type. These people also tend to be the least intellectual Fives, though perhaps the most mentally intense and are often unsettled by occasional fits of temper. These outbursts of temper are usually associated with their own power struggles. These Fives take pleasure in helping and directing other people, but in the process can end up imposing their own views in a more or less direct manner. They need

to stay in control of their relationships and although they make generous, devoted and fearless friends and partners, others might perceive them as possessive, demanding and domineering. These types tend to intrude on others while at the same time remaining secretive and self-protective themselves, hiding their own needs and problems.

When the Challenger Enneagram Eight is in charge, there tends to be a fear of weakness, humiliation and disenchantment. There is also a tendency to seek strength, approval and intrigue. True to the Eights, when this combination is led by an Eight, individuals tend to have less of a problem being assertive and straightforward, unlike the other variations of this tritype. Perhaps it can be said that the straightforwardness of the Eight works well with the Two as the Helper would serve to offset this quality with its inclination to candy-coat things in an attempt to maintain good relations at all times.

## 259 THE PROBLEM SOLVER

This combination combines the helpfulness of the Two, the wisdom of the Five and the peaceful nature of the Nine. These people tend to be very shy, gentle, reserved while focusing on what is harmonious. They need companionship and tend to avoid feelings of loneliness by focusing on the needs and concerns of others. These people' tend to have the life mission to find the information needed to help others manage their difficulties. True problem solvers, they are the happiest when you are able to be in the role of a good Samaritan and help others find solutions. The 259s' blindspot is that they can often be so focused on the helpful information that they have collected that they can be too passive and miss opportunities that would allow true presence. Furthermore, these people also have great pride in giving to others but not needing them. And so Problem Solvers' path of growth is to recognize that hesitating too long and being passive to avoid conflict does not keep the peace. True harmony comes from being in attunement with what is essential and in tending to it what is needed and when it is needed.

When the Problem Solver has the Two in charge, these people tend to be very helpful and often passive, too. Because of the Five-fix they rely on their experience to provide them with the rules which they can accommodate to, they expect a lot from the environment around them. Thus, this all combines to being incapable of admitting that they're environment has made a mistake. Their logic mandates that if one is uncomfortable with where one is, one should run. A problem

may arise though when they can't really run from the truth. Running from the environment is in the end admitting that they can't accommodate to the rules of the environment. Thus, if this is something they aren't willing to accept, they may stay and try to learn more about their environment until it makes more coherent sense. In such a situation, as much as they'd like to flee, running is not an option.

When the Five is in charge, the 592 combination tends to mean that the individual will be the most accepting and caring of the Fives. More so, these people tend to be very gentle, and kind-hearted, too. The 592 combination is often a more generous, social and good-natured Five who genuinely enjoys helping others out and being in a relationship with them. Although they do require their alone time, Fives of this tritype tend to be more personable and they make wonderful advisors and counselors as long as they can keep behind the scenes. They are rather attracted to human sciences (psychology, sociology) and have a natural flair for moderating conflicts and solving people's problems.

The 925 combination is one of the more helping types. Only the 926 is more helpful. This tritype can be introverted and/or hesitant. When Nine is in charge, this tritype is often good at assessing situations but can have trouble knowing their own preferences and taking actions on their own behalf. More so, the Nine tends to bring about a great capacity for depth but they also avoid conflict. These individuals are also the more intellectual Nines. Additionally, the 925s tend to be a lot less centred on 'fitting in' and more on 'calming down' or 'finding out.'

## 268 THE RESCUER

This combination combines the helpfulness of the Two, the engaging nature and supportiveness of the Six as well as the straightforwardness of the Eight. By nature, these people want to be in charge of their world and are attracted to noble causes. They wish to shield others from harm and challenge what is unjust. The 268 tritype tends to want to know the rules so that they can feel safe breaking them. Furthermore, these people can appear to be direct and caring Sixes that appear Two-ish as these are the Sixes that need to be caring to feel safe and secure. The 268 tritype tends to be marked by their self-possessed confidence and solution mastery. This tritype combines the Reactive Two, the Power-Seeking Six and the Compliant Eight. This type is characterized by the issues they have with others. They tend to get easily frustrated with others. They want help others but they also want things to go their way. They have a 'let me help you' quality. Typically, the Rescuer's life mission is to track the needs of the

vulnerable and take action on their behalf. True rescuers, they are happiest when they can use their people skills and desire to protect others to help those that feel alone, desperate and are in a crisis. However, their blind spot is that they can be so identified with the pride of knowing how to help others that they may give unsolicited advice or meddle in the affairs of others. These people tend to over-give to others to be well-liked, which prevents a deeper connection to their true selves. As such, their growing edge is to recognize that always rescuing others does not mean that one will always be liked and cared for in return, and that it may prevent them from learning how to care for themselves. True protection comes from listening to higher guidance and knowing when to assist others and when to let them learn for themselves

When the Two is in charge, the 2-6-8 combination tends to be helpful but not in a passive way; these people take charge and tend to be the epitome of the Rescuer. The Two is already connected to the Eight via the line of disintegration and so the fact that Eight is also in this tritype may lead an individual with this tritype to think that they are an Eight. Because all three of these Enneagram types have a somewhat calculating quality, others may view the 268 with an ulterior motive. This is supported by the fact that this combination of the tritype tends to be obsessively possessive and domineering, taking on parental roles in most, if not all situations. For them, power is very important, although it will be more obvious to the observer than to the person him/herself. Both the Two and the Six tends to have some issues with denial. Oftentimes, when the Two is the lead, they are especially prone to 'playing innocent' while their power motive is seen by all those who suffered under his/her domineering nature.

When this combination is led by the Six, naturally, there will be more qualities of anxiety, suspicion and power-seeking. Despite this, the 6-8-2 combination tends to be the most direct and caring of the Sixes and can also be very supportive. While this Six is very helpful, they are usually very uncomfortable taking the lead and would rather be the right hand to the powerful person. Additionally, these people tend to be very dynamic people who struggle to know when the need to rescue interferes with their own wellbeing. The core fears are of fear itself, danger, being alone, cowardice, submitting, deviance, uncertainty, being targeted, chaos, weakness, being controlled, disempowered, humiliated, vulnerable, at the mercy of injustice, worthless, needy, unappreciated, and inconsequential.

When this combination is led by the 8, the 8-2-6 combination results in an individual who is the most overtly magnanimous and big-hearted Eight. They tend to be sacrificial but also dominant at the same time.

They are often seen as the protector, big spenders, an almost 'mamma-bear' person who is often admired for their ability to relate well to others. While the influence of the Six results in slightly more suspicion and cynicism compared to the regular Eight profile, 826s tend to be very loyal and helpful. Typical to the Eight, this particular combination will bring out a much more assertive and straightforward quality in this tritype but will naturally be balanced out by the sensitivity and warm nature of the Two.

## 269 THE GOOD SAMARITAN

This combination combines the caring nature and helpfulness of the Two, the supportive and engaging disposition of the Six as well as the accepting and peaceful nature of the Nine. These people tend to like other people and want to find ways to engage with them. Their sense of pride comes from getting along with others and being of assistance. They are known for their easy going and friendly disposition. Usually these individuals' sense of pride comes from getting along with others and being of assistance. It is generally their life mission to identify what is problematic and needed, and then to find peaceful solutions for those concerned. true trouble-shooters at heart, they are happiest when they can help others in conflict and bridge their differences. Their blind spot is that they can be so focused on being a peacemaker, tending to the needs of others and getting along with them that they can fail to voice their own truth and act in a timely manner. Sometimes these people tend to be overly identified with being a 'nice' person. their growing edge is thus to recognize that being nice does not always create peace and that being passive does not mean that they are nice. True charity comes from listening to one's heart and acting in accordance with what is needed without strings attached even if it causes conflict. The 269 is the most defined by the motivation to help regardless of which type is dominant.

When this combination is led by the Two, this tritype tends to be gentle and supportive. They are identified with getting along with others and not making waves. They are one of the most passive tritypes and avoid confrontation. Furthermore, these people tend to struggle with indecision. They are not identified with their aggression and others can sometimes find them passive-aggressive. Oftentimes others view this combination as people who tend to struggle with asserting themselves while working tirelessly for others. The 259 and the 269 combinations tend to be the most passive of the tritypes as they are both tritypes that avoid conflict and try keep the peace. Both are shy and somewhat withdrawn. However, due to the Two being in charge, the Considerate Helper brings a certain active helpfulness; hence the Good Samaritan. Often, much like the 259 combination, these people make good

behavioural scientists and researchers.

The 6-9-2 combination is the epitome of the 'nice guy.' The Six in this tritype is phobic, most of the time trying to get along with others. While still very helpful, if the Six is dominant, there is exaggerated doubt and vacillation in their personalities. These people can also be quite anxious despite being warm and congenial people towards others. This combination results in individuals who tend to either assist or submits and then accepts or backs off. More so, this type can be very gentle but is often marked by insecurity and uncertainty. Ultimately, all three Enneagram types of this tritype are very accepting individuals.

If Nine is dominant there tends to be more 'going along'. The 9-2-6 combination tends to be a very caring and inquisitive Nine who is most inclined to be both helpful and dutiful. While the Six brings out feelings of doubt, guilt and anxiety, these people tend to be intent on bring about peace in all their interpersonal relations and avoiding conflict at all costs. This tritype is often very good at assessing situations but can have trouble knowing their own preferences and taking action on their own behalf.

## 278 THE FREE SPIRIT

The 2-7-8 combination has the care and helpfulness of the Two, the innovativeness and loving of the Seven and the straightforwardness of the Eight. These individuals tend to be assertive, funny and outgoing with a charming and sunny disposition. This ultimately creates an upbeat, positive and action-packed environment. More specifically, this combination combines the aggressive Two, the power-seeking Seven and the positive Eight. The blind spot for these individuals is that they can be so focused on keeping everything positive and honest that they can be too aggressive and fail to recognize the importance of difficult emotions. They also tend to keep busy to avoid painful feelings. The path of growth for these combinations is to recognize that their need to always be positive, upbeat, and free can limit their ability to self-reflect and fully be themselves.

If the combination is led by the Considerate Helper - Enneagram Two - individuals tend to be the most enthusiastic, joyful and exuberant tritype. They aim to please and thus are very nurturing people.

The 8-2-7 combination tends to be extremely positive, upbeat and helpful. 827 tritypes tend to take charge but do so with a light touch that is sensitive to the needs of others - this is the Two influence. 827s

are often humanitarians who focus on manifesting their vision. However, their need for excess often meets gluttony and pride. It is worth noting that when the core fears of these three types unite, it can create a defense strategy that is quite compassionate but can also struggle with issues of arrogance and/or pride about what they do.

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## 279 THE PEACEMAKER

The 279 Peacemaker combination combines the care and helpfulness of the Enneagram Two, the innovation and love of the Seven as well as the acceptance and peace of the Nine. This combination is the most optimistic of all Enneagram tritypes. These individuals tend to be very kind and always see the best in others. The 279s focus on easy and comfortable ways of relating to others while being markedly optimistic and conflict-avoidant. More so, these individuals tend to use their keen sense of humor to smooth out differences.

The 279s tend to avoid admitting that they have a (completely) negative image (and avoid anything that may lead to such a state). Their ultimate fear is that they have a completely "black" image and are unable to escape it. They enter a strong state of denial when this occurs. This isn't necessarily because of the Two influence, but much rather because the Nine side can't handle such a reality and thus this kind of Two is more likely to withdraw into a more "positive" perspective of themselves.

The 279 combination – led by the Considerate Helper Enneagram Two – is a caring, innovative and accepting individual who aims to be helpful, upbeat and peaceful at all times. Such individuals tend to make it their mission to create and promote smooth and harmonious ways to handle conflict, often using their sense of humour to quell tense social situations. However, in their attempts to avoid conflict, often these individuals will turn a blind eye to conflicts that need to be managed as opportunities for change.

The 2-7-9 combination is the ultimate positivist, characterized by unbridled optimism. Such individuals do not allow anything to get them down, and they love to enjoy themselves by surrounding themselves with great company and fun atmospheres. However, 279s tend to be a bit unrealistic at times.

Led by the Enneagram Nine, the 9-2-7 combination is most strongly associated with individuals who see themselves as peaceful; they need peace and positive relating to experience a sense of being. Of all the tritypes, the 9-2-7 is the least comfortable with negativity in relationships.

If the combination is led by the Seven – the Enthusiast – individuals will tend to have qualities such as sociability, vision and outgoingness influence their action, their feeling will be governed by their desire to help others and to be in tune with others' needs while their thinking will be influenced by their desire to maintain peace.

### 358 THE SOLUTION MASTER

The 3-5-8 combination combines the ambition of the Three, the knowledge of the Five and the straightforwardness of the Eight. These people tend to be tough-minded, good at studying a problem and find both original and practical solutions that others miss. They are highly tenacious people who tend to work tirelessly until they find solutions and thus prevail against adversity.

The 3-5-8 combination – led by the Competitive Achiever Three – tends to be ambitious, knowledgeable and protective. They want to be efficient, wise and straight-forward. Tough-minded, they are good at studying a problem and finding both original and practical solutions others miss. Their life mission is to use their cleverness and astute powers of observation to serve the greater good. A true problem solver, they are happiest when they can evaluate what is needed and take action to create change. The blindspot however is that these people can be so focused on their goals and ideas that they become an opinionated, hard-nosed thinker that is in denial of their feelings. They also tend to feel so vulnerable that they refuse to let in the importance and wisdom of their painful emotions.

When this combination is led by the Five, individuals tend to be most measured and goal-oriented of the Fives. These Fives, however, are also the least intellectual but also the most intense and unsettled by occasional fits of temper. Their sudden outburst of rage are affixed to notions of power. They have an attitude of resigned realist and can be quietly guarded. These people often tend to be insistent which can put others ill at ease. When the Five is in charge, the individual tends to struggle the most with interpersonal communications as they often do not pick up on social subtleties. Despite this, the strong influence of the Three and Eight makes for a much more ambitious, competitive

and assertive Five. These people stand out for their leadership skills. They are rather good at managing people and know how to employ their powers and competencies in order to obtain an effective result. Pragmatic, goal-oriented and driven, but also a tad arrogant and egotistical, they know how to influence a situation to their advantage. And yet, although they are proficient in authority positions, others can find them quite unsympathetic and self-interested, with very little interest in people who cannot be of clear use to them

The 8-3-5 combination – led by the Challenger – tends to result in a person who struggles to pick up on interpersonal subtleties and acknowledge soft emotions in others, especially in the workplace. Oftentimes they rely on clear expressions of hurt to know that they have been too forceful. Usually by that point, however, relations have already broken down. When the Eight is in charge, these people tend to be very success-oriented and prominence-seeking Eights. Image-consciousness and manipulation are not uncommon character traits in these people as a way to advance their careers or enterprises. More so, business achievements can lead to political aspirations.

### 359 THE THINKER

In the 3-5-9 combination, the ambition of the Three, the knowledge of the Five and the peaceful nature of the Nine makes for a person who is intellectual strong, someone who likes to find pleasant ways to manage difficult situations and relationships. Although often shy, they are slow to fully trust others and need time to more fully reveal themselves. Their life mission tends to be to use their ability to unite opposing points of view, find compromise and create workable solutions. A true advocate (also, thinker), they are happiest when they can use their skills to be helpful and judicial. their blind spot is that they can be so reserved that their true nature remains hidden and under expressed which can cause them to appear aloof and indifferent. To feel in control, they may use withholding and punishment. And so their growing edge is to recognize that they need to pull away and be a spectator before engaging denies them the opportunity to more fully be. True wisdom comes from following one's higher guidance, revealing themselves to others and participating in life.

When this combination is led by the Three, individuals tend to be private, introspective and often pairs with a more assertive and outgoing type like the one or the Eight. Despite 359s being very incognito for the most part, the Three wants to attention even if the Five and Nine are reluctant – it is an interesting dichotomy. These people also tend to conceal their true feelings from others and even

themselves – they often use their great sense of humor and quick wit to mask their emotions. These people also tend to feel deep feelings – intense enthusiasm, bursts of love and insights and discomfort. However, instead of displaying these emotions as they are, often if they experience sadness or anger, their emotions will manifest in somatic ways – for example, they may get a migraine instead.

When this combination is led by the Five, these people tend to be the most success-oriented Five – they need prestige, especially if they are the social type. These people also tend to be open-minded, whimsical and pattern-seeking above all. More so, 593s tend to assume the position of the reluctant idealist as well as a rather philosophical perspective; and thus they can also appear to lack focus. These people prefer associating groupings of information into larger theories while sharing ideas – they are easy to get along with. The 593 combination likes people and humanity as a whole and often strike others as rather pleasant and cooperative. 593s are goal-oriented and also dream of achieving an impressive and long-lasting success in their field – they secretly desire becoming famous and leaving their mark on the world. These Fives are also more dependent on outer validation than others – they care more about their image and the way others perceive and react to them, therefore they might seem a little more conventional and mainstream in their behaviour.

When this combination is led by Enneagram Nine, the Peacekeeper, individuals tend to be the most intellectual Nines who are both perfectionistic and focused on efficiency with less of an emphasis on maintaining harmonious relationships than other Nines. While driven for success, these people tend to be calm, composed, professional and slightly hidden. These people are also the mediating tritype; this is the person who wants to mediate conflict amongst people in a detached way, less inclined to be fluid and artistic but is rather personable and detached. One can get kind of a robotic feel much like the 5-3-1 combination.

### 368 THE JUSTICE FIGHTER

The 3-6-8 combination combines the ambition and efficiency of the Three, the inquisitive and loyal nature of the Six and the protective and straight-forward nature of the Eight. These people tend to be verbally adept, good readers of people and situations and are able to identify unjust authority. Not only will such individuals rebel against tyranny but also verbally spar against it. true justice fighters, they are happiest when they can use their protective energy and debating skills in service of others or a cause. their blind spot is that they can be so

identified with challenging what they perceive as unfair that they become overbearing, confrontational, anti-authoritarian, and indifferent to the wisdom of emotional intelligence and their tender emotions. Justice Fighters' growing edge is to recognize that their need to challenge and oppose can keep them from knowing who they are or what they feel. True protection comes from being in alignment with one's higher self and knowing when to intervene and when to allow events to unfold.

When this tritype is led by the Three, the combination tends to combine the reactive Three, aggressive Six and the normative Eight. These people are usually characterized by confrontation, are immovably disagreeable. They stay firm in their direction and beliefs and won't let anyone by themselves change that. The Three tends to be image-conscious and so with that taken into consideration, the 368 combination tends to be an image-conscious justice preacher. The 368 is very dynamic and is the toughest fighter on the Enneagram. They focus on justice and are quick to react and seek the advantage in the service of justice.

When the combination is led by the Six, it brings out a kind of debater, more argumentative characteristic. The 683 is a very dynamic Six and this tritype has consistently reported bring predominantly counter-phobic. A true fighter, this tritype goes the distance for others. This tritype with Six dominant is very loyal, feisty and achievement-oriented. This combination also tends to be the more direct and focused of the Sixes and can often appear Three-ish or Eight-ish. Driven to achieve, the 683s also tend to make good trial attorneys. The core fears are of fear itself, danger, being alone, cowardice, submitting, deviance, uncertainty, being targeted, chaos, weakness, being controlled, disempowered, humiliated, vulnerable, at the mercy of injustice, failure, being incapable or unable to do, inefficient as well as being second best.

When this tritype is led by the Eight, the individual becomes one of the most confrontational tritypes. The Six amplifies the Eight's need for loyalty and trust.

### 369 THE MEDIATOR

When the 3-6-9 Enneagram profiles combine, is the ambition of the Three the inquisitive nature and loyalty of the Six as well as the peacefulness of the Nine that influences one's nature. These people seek balance and harmony – they want to know what is expected of them and will adjust their behaviour to succeed. More so, these people

tend to need affirmation, reassurance and a sense of wellbeing to feel connected to oneself and others. Oftentimes these people can be so focused on fitting in and belonging that they lose themselves and forget to speak their personal truths for fear of not relating to others.

The 3-6-9 combination is often called the Citizen. This tritype would be most characterized by being influenced by their society. They usually embody everything that their society is. They need to adapt in order to relieve tension and stress. You'll notice that Three, Six, and Nine are id, superego, and ego types. The type Three element is constantly seeking to improve themselves, the type Six element is constantly seeking to improve their superego, and type Nine is constantly seeking to mediate themselves. In a way, this is the healthiest tritype in Freudian terms. This explains why 3-6-9 is the most common tritype: this is probably the optimal path of development.

The 6-3-9 is the accepting and focused Mediator. The primary concern of this combination, as it is led by the Six, is on seeking security by avoiding conflict and fitting in. depending on the situation, the Six is accommodating or professional. This Six is most inclined to bounce between the three numbers but the is also the Six that avoids trouble and is the more obedient and less rebellious type. The core fears are of failure, being incapable, unable to do, inefficient, second best, unmasked, fear itself, danger, being alone, cowardice, submitting, deviance, uncertainty, targeted, chaos, fully embodied, not existing, conflict, being loveless, complication, discord, shutout, disharmony.

The 9-3-6 combination – led by the Peacemaker – tends to have a lot of confusion around their identities; the Nine is already the seeker but the Three and Six add more elements around feeling of lacking a clearly defined identity.

### 378 THE MOVER-SHAKER

This is the most assertive tritype. This tritype combines the ambition of the Three, the innovation and feeling of content of the Seven as well as the protective and straight-forwardness of the Eight. These people tend to be dynamic go-getters who are focused on the prize. 378s tend to see the bigger picture with a positive future and also have the will to make it happen. Seeking success, obstacles are seen as competitive challenges. Individuals with these combinations tend to have a life mission to see what is possible and find innovative ways to achieve their goals. true movers and shakers, they are happiest when they are in a position of power to manifest their vision and to make things happen. They need to be doing to feel alive and as such, can be so

expeditious, assertive and results-oriented that they miss their impact on others and the deeper meaning and significance of why they are doing what they are doing

The 378 – when led by the Three – is extroverted. This type is very outward focused and must keep themselves involved with the external world in order to be relieved of stress and tension; being alone causes a great deal of anxiety for them. Focused on action, the 378 tritype resists being controlled and letting their feelings get in the way of achieving their goals. When opposed, they react immediately and when necessary are not afraid to move against others to manage problems.

When this combination is led by the Seven, individuals tend to be the most direct, assertive and focused of all the Sevens. They are movers, shakers and rainbow-makers. The Three and the Eight tend to offset the often excessively visionary aspect of these people who can often get carried away with great plans while failing to execute them timeously. In other words, the other two Enneagram types serves to ground the Seven.

The 8-3-7 combination tends to be very focused and innovative and is also the most assertive Eight. These people tend to be movers and shakers especially if extroverted and/or a social subtype. It is not uncommon to see these people in entrepreneurial roles. These people tend to be moody, intense and eccentric, especially if they are a One-on-One subtype.

### 379 THE AMBASSADOR

The combination of the Three's ambition, the Seven's innovation and the Nine's accepting and peaceful nature results in the Ambassador tritype. These people enjoy being around other people and are outgoing even if they are shy. They are generally easy going people who seek comfort but strive for success and a feeling of personal importance. They are identified with what they do and achieve but are soft, gentle and kind at the same time. This tritype's life mission is to find compassionate and effective ways to create change and bridge differences. A true ambassador of good will, they are happiest when they can help others become harmonious, build rapport, and develop their potential. The 379s' blindspot is that they can be so focused on what is positive that they can miss the wisdom that comes from experiencing and understanding negative emotions and end up creating conflict by avoiding it. Their path of growth is to recognize that your need to keep the peace at all costs and be what others want

you to be to feel successful keeps you from knowing oneself. True self-awareness comes from listening to one's higher self and being fully present in the moment.

Generally speaking, the 3-7-9 combinations report being upbeat, positive and easygoing people who want to make a difference and be apart of something meaningful. These people tend to be somewhat gung-ho optimists who are great at getting along with people and are often a lot of fun to be around. While being somewhat dreamers, these people are able to achieve their goals without too much difficulty due to the Three being in charge. They tend to be all embracing and look for the good in people and the gold at the end of the rainbow, so to speak. These people also tend to be good at mediating problems but prefer to avoid negativity and negative situations. However, often in their search for happiness they tend to turn a blind eye to problems, especially their own. 379s also tend to be indecisive and more chameleon-like.

The 7-9-3 combination is the optimistic and omnivorous person with a strong aversion for conflict; a sort of joie de vivre but without the drama. These people are able to distract themselves from setbacks or at least compartmentalize them because harmony is important to them. With the Seven in charge, individuals might have a tendency to be a bit more abrasive or sharkish in their approach (particularly if the self preservation subtype), but ultimately they will need to "get away from negativity". The 793 combination is also usually the epitome of a fair-weather friend - as long as you're fun and happy, they're in but if there is something dark and painful to discuss, they're out.

With the Nine as the lead, 937 combinations tend to be very peaceful people who need positive relating to experience a sense of being so as such are also very uncomfortable experiencing negative situations. The 937s are the true ambassadors of goodwill. Due to the influence of the Three, this combination needs to be on the go and helping others find common ground but is still able to reach their personal goals.

## 458 THE SCHOLAR

The 458 Scholar archetype tends to result in an individual who is somewhat introverted, intelligent, headstrong, detached, a problem solver that has a good ability to think strategically while showing great emotional astuteness. This tritype tends to be one of the darker tritypes; these people tend to be very intense, intuitive, knowledgeable and direct. This is an intensely original archetype with a passion to explore and to find the hidden meaning in all things. This is the type

that really craves knowing what makes people tick and builds what one calls mental or internal 'maps' that are quite astute as to what makes people do what they do. With this combination, there is a propensity toward the grotesque, anatomical or intensely esoteric. This is the "true scholar" and their life mission is to disseminate what information is found. The blind spot is this tritype has three Enneagram types that can be prone to arrogance as well as an attachment to the internal map of what they have found can make them blind to new information as it comes in. as such, there will be a tendency to become fixed in their worldview. So while the map that they've painted is quite extraordinary, they may miss a whole region and thus not have the full picture. This tritype is also the most cynical and the tendency to be so overly opinionated can make people turn off to their wisdom.

When the Individualist Enneagram Four is in charge, the combination results in a true challenger and truth teller. The Four may be shy but this tritype is very intense and reactive; they are quick to speak their mind. Generally speaking, the Four tends to bring out a noticeable intensity to these individuals. The 458 is one of the tritypes that tends to live in their heads, researching and following their own muse. The 4-5-8 combination tends to combine the Power-Seeking Four, the Reactive Five and the Withdrawn Eight. These people tend to have an impenetrable inner world – they are complex individuals but they are more characterized by the way they tend to push everyone away from them. Lastly, the 458 is an active archetype except just a bit more withdrawn due to the Four being in charge. While they are not passive like the librarian, they are more like experts as they gather knowledge.

When the Five is in charge, this combination tends to be the most intense of all the Fives. These people need creativity and can be very moody and prone to melancholy. These people tend to be tough-minded, analytical and staunchly individualistic. They are the most likely Five to appear Four-ish. The 5-8-4 combination tends to be withdrawn, sensitive but creative, eccentric and cynical at the same time. This Five tends to be the most likely to swing between detachment and emotionality. The 5-8-4 combination tends to be the most temperamental and reactive of the tritypes. They find it harder to control their emotions. While they are often seen as reclusive and ingenious people, they often succumb to fierce, visceral, arrogant and selfish qualities which can surprise people who do not know them well. Of all the Fives, these Fives tend to feel entitled to special treatment which they can often claim quite aggressively at times.

When Eight is in charge there is a bit more compassion, and with an integrated Five or Four, it tends to result in a gifted spiritual teacher. The 8-4-5 combination tends to be a very intuitive and knowledgeable

Eight but is also the more withdrawn Eight. The Six in the tritype serves to amplify the Eight's need for loyalty and trust. This combination also tends to be much more introverted and introspected for an Eight but due to the influence of the Five, is also much more scholarly and focused on depth. When the Eight is leading the combination, the qualities of this Enneagram type appear to offset the introverted and reclusive natures of the Four and Five.

## 459 THE CONTEMPLATIVE

The 459 Contemplative tritype combines the intuition and originality of the Four, the wisdom of the Five and the accepting and peaceful nature of the Nine. These people tend to be highly self-aware and reflective, they are very shy, reserved and self-conscious. They need regular quiet time to reflect on their thoughts and emotions. Easily flooded with emotion, it is difficult for them to voice their ideas and feelings to others. Individuals who fall under this combination tend to have a life mission to delve deeply into the mysteries of life and share their insight with others. True philosophers, they are happiest when they can write about their discoveries and discuss them with others. Making sense of their world is a never-ending quest. The blindspot for these people is that they can often be so focused on their inner worlds that they can become inhibited and appear to be indifferent to others. Often insecure, these people can become moody and expect others to initiate and come toward them.

When this combination is led by the Four, the combination tends to be the most reclusive type on the Enneagram. They are humble people; modest and discreet. They can be ethereal and dreamy and they often appear passive and unassertive. Often shy, these people can display a pleasant countenance. They have complex inner worlds but are still gentle, sensitive and avoidant. Since they are so reserved, they express their anger in a passive-aggressive manner. It would seem that the 459 combination is triple withdrawn; these people tend to be more removed and cut off as a way of addressing any inner anxiety. This behaviour can leave others feeling that the 459 is harsh and uninvolved. This is the type most likely to not realize their anger until much later, or not express it at all because they get stuck in not expressing themselves and experiencing everything more internally.

The 594 combination tends to be a more accepting and intuitive Five but also the more sensitive and withdrawn Five. While these people tend to be shy and somewhat fragile, they can also be quite romantic at times. These Fives tend to put on a congenial façade to hide their

rich inner worlds from the society. They outwardly appear friendly and reserved, usually mysterious to other people who sense there is more depth and intensity hidden behind their amiable mask. These Fives have rich imaginations and love to immerse themselves in thoughts and fantasies. They are introspective, dreamy, creative and socially withdrawn, but also disorganized and painfully avoidant. When the Five is in the lead, individuals with this combination tend to have a somewhat bohemian charm to them – they are relaxed, causal, creative and a bit reckless at times.

The 945 combination tends to be very shy, sensitive and introspective – more so than the other combinations. They need time to contemplate before taking action. These people also tend to be very intuitive and knowledgeable but are also very reserved – especially if self-preserving, too. This combination combines the passive Nine with the avoidant Five, naturally resulting in an individual who is more reserved than others. With the Nine in the lead, it is easy to see why these people favour positive relations with others – to keep the peace – even if it means ignoring their own needs and desires.

## 468 THE TRUTH TELLER

The Truth Teller tritype combines the intuition and originality of the Four, the Inquisitive and certainty of the Six and the protective nature of the Eight. These people tend to be highly sensitive and emotional. They also tend to track inconsistencies and are like the ‘canary in the coal mine,’ calling out hidden agendas, deception and ulterior motives. These people are so very intense and can at times be too emotional and over reactive. The Eight in this tritype makes the Six counter phobic and therefore come across as more aggressive. The Truth Teller tends to be the person who rings the alarm, so to speak, to prevent mankind from making a mistake. The 468 is constantly calling off truth as they see it and sees it as their business to warn people of the potential downfalls and pitfalls in the emotional and mental world. It is the type in each center that is "truth telling" and tends to be the most reactive, even hyper reactive. There's a tendency for these people to feel an acute sense of disappointment because their incredible acuity at seeing the problems ahead or the potential pitfalls of any situation causes people to misunderstand their reactivity and emotionality. The trap for the 468 to believe that their identity is tied to what they name and to need others to acknowledge it or believe it. If they hold on to the higher truth of their intuitive insights rather than their feelings surrounding them, more and more, they will flow through them to the right person, at the right time.

When this tritype has the Four as the lead, individuals tend to be very inquisitive and direct people who are often rebellious and reactive Fours. These people tend to be the epitome of the 'hot-headed' person. More often than not, this tritype will be the person to initiate conflict while taking offense very easily. They can also feel like everyone is out to get them. When they sense this, they react, often harshly. When the Four is dominant, it brings with it a kind of emotional intensity and a need for closeness with desired intimates; there is anger when intimacy is thwarted or denied. When their inevitable reaction takes place, the focus tends to be on an immediate resolution.

When the Six is in charge of this tritype, it tends to bring about a much more direct and intuitive Six who is also reactive and at times quite emotional. These people are often the most rebellious, often vacillating between feeling Eight-ish or Four-ish. More so, the Six brings with it a steadfast loyalty - oftentimes this can be a loyalty to telling the truth and hence; the Truth Teller.

It appears that the Four heart fix plays out in an Eight-ish way when the Eight is in charge of the tritype. One can still see the Eight's motivations driving the Four, but the outward appearance of the defense mechanisms or behaviours becomes Four-ish in nature with the heart fix gains prominence. The 846 is the most confrontational of all the tritypes. The Six amplifies the Eight's need for loyalty and trust.

## 469 THE SEEKER

The Seeker tritype combines the originality and intuition of the Four, the inquisitive and certainty of the Six and the accepting and peaceful nature of the Nine. These people tend to be very sensitive and can experience intense feelings of self-doubt and uncertainty. As a result, these people need multiple sources of confirmation. They want to be individualistic but often fear being separate from others to avoid confrontation. The 469 tritype tends to have a life mission to raise the questions pertaining to the mysteries of life and share their findings with others. Like true seekers, they are happiest when they feel that they can answer the question of who they are. These people can also be so focused on their feelings, insecurities and doubts that they can feel paralyzed by the fear of making the wrong decision and of being misled.

The 469 is a seeker with a lot of self doubt. This combination feels that there is always more to learn although it is usually their own desire to develop a philosophy. the Six and Four have the most self doubt along with the Nine. The Four tends to doubt their feelings while the Six their thoughts. Sixes want reassurance while Fours want praise to offset

their natural tendency to be shame-sensitive. When the Four is in charge, the individual is more concerned with the 'who am I?' question and hopes to 'someday' have that answered through constant introspection and referencing their own feelings. When this tritype is led by the Four, individuals feel that they need to set themselves apart to resolve the philosophical dilemmas that they feel inside. Oftentimes this tritype combination plays out in the social realm via shame, feeling utterly different, hunted when very insecure (with no real external evidence to back up this feeling and then succumbing to a desire to merge with the group. This is the influence of the emotional intensity of the Four.

When the Six is the lead as in the 6-9-4 combination, individuals tend to be accepting and intuitive, very emotional and passive. This combination can often be mistaken for a Two but generally tends to be the most doubting of the Sixes. The Nines, Fours and Sixes are the three types that feel doubt. Doubt breeds insecurity which increases anxiety. The gift of this tritype is the ability to search for meaning. What begins as doubt ultimately brings a great deal of knowledge that can lead to greater understanding. Generally speaking, these individuals' minds automatically scan for rejection, conflict and exclusion. These people tend to take a lot of strain when it appears that their self esteem and worth is 'on the line.'

The 9-4-6 combination is the tritype combination is the most intuitive and inquisitive of the Nines. These people are most inclined to hesitate and feel doubt and uncertainty. More so, these individuals tend to be the most gentle and passive Nines who are prone to high anxiety. The core fears are of fear itself, danger, being alone, cowardice, submitting, deviance, uncertainty, targeted, chaos, conflict, being loveless, complication, discord, being shutout, inharmonious, being inadequate, emotionally cut off, ordinary, commonplace, being abandoned.

## 478 THE MESSENGER

The 4-7-8 combination combines the intuition and originality of the Four with the innovation and creativity of the Seven as well as the straightforwardness of the Eight. These people tend to be cutting-edge trackers of both their internal and external worlds. They are unconventional, passionate and self-possessed masters of solutions. Outwardly, these people are confident but inwardly they are emotional and vulnerable. More so, these people enjoy implementing and manifesting their original vision. This tritype is also the most freedom-

loving tritype.

When the 4-7-8 combination is led by the Four, individuals tend to be the most individualist and fun-loving Four. They appear more self-possessed as their sadness tends to be hidden. The 487s crave attention, affirmation and mirroring more than autonomy and freedom. They need to be mirrored as not only unique but highly original. Their greatest demands are those they make of themselves. The 487 uses the power of indifference when in defense.

The 7-8-4 - when the Seven is in charge - is a very flamboyant type; they are the most in need of freedom. This is the messenger archetype that feels they have a message to impart and wants the freedom to explore themselves and their external worlds. With Seven in charge it's an extremely hard to pin down type that typically has no problem expressing the flamboyancy. This type is also the least political of the tritypes (except maybe the 548 tritype) because of the outspoken nature of the three types coming together. 784s also tend to be the most direct and intuitive of the Sevens, the most creative and original of the Eights. They can also be intense, moody and eccentric.

The 8-4-7 combination tends to crave autonomy and must be the master and commander of their lives. The 847 does not seek mirroring unless very narcissistic. All narcissistic types demand an undue amount of mirroring to feel safe. 847s tend to have a more extroverted intuition with the attention going outward. These people tend to be lighter and more optimistic.

### 9-4-7 THE GENTLE SPIRIT

The 9-4-7 combination can be described as an intuitive, original, innovative and accepting person who identifies strongly with optimism and has a tendency to hide more painful feelings for fear of being rejected. These tritypes tend to be very gentle and nostalgic people. These people tend to find the wonder in beauty and are lyrical and idealistic in the way that they relate to others. More often than not, they are attracted to the healing profession or the arts.

If this combination is led by the feeling centre of the Four - the Individualist - it results in a sort of sprite or fairy-like tritype; there is a need to remain positive while still searching for meaning. However, the

blind spot is that there is an attraction to magical thinking and missed opportunities to speak their truth so they often find themselves glossing over negative feeling states in favour of something more positive and comfortable. This combination describes people who tend to evade depression through magical thinking while not realizing that they are doing so. More so, 479s tend to be the true healer archetype. 479s like to inspire people towards happiness through expressing their creativity in a peaceful, non-intrusive way. The 479 will feel devastated by negative mirroring. If a flaw is pointed out they will quickly feel disheartened. With negative feedback, the 479 will have trouble holding onto their sense of self; their self-esteem will suffer. This is because the 479s sense of self is too fluid and takes the shape of the last mirror.

The 7-4-9 combination is the most elusive, liquid and fluid of the Sevens. They are positive in a gentle way with a touch of sadness. They are identified with being deep but still future-oriented and forward-moving whereas the 479s identify more strongly with the past and what is missing and believed to be of importance. The 749s might tend to overdose on imagination and whim due to the Seven being their action centre.

The 9-4-7 combination – lead by the Enneagram Nine Peacekeeper – can resonate with the Enneagram 4 as they see life as bittersweet and feel deeply, but they are not as intense as the 4 or as hungry for diversity and experience as the 7. The 947 seeks harmonic resonance more than the 479 or 794. They want depth and beauty but seek peace and tranquility even more. They pine in a quiet gentle manner. They can lack voltage and struggle with saying what they really want in the face of adversity. The 947s are less ethereal and more focused on being positive. 9 47s know that they feel unhappy but are more inclined to hide it so that they will not be rejected for being negative.